Bromhexine 8 mg Tablet
Bromhexine 4 mg/5 mL Syrup

What is this medication used for
Bromhexine is used for conditions where there are a lot of thick mucus in the airways. Bromhexine belongs to a group of medications called mucolytics. Bromhexine works by thinning the mucus in the airways, thus making the mucus less sticky and it also facilitates the removal of the mucus.

How to take this medication
Adults and children above the age of 2: Do not use for longer than 14 days without medical advice.

<table>
<thead>
<tr>
<th>Age</th>
<th>Recommended dose for Tablet</th>
<th>Recommended dose for Syrup</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults and children 12 years and older</td>
<td>One tablet to be taken 3 times daily</td>
<td>10mL to be taken 3 times daily</td>
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<tr>
<td>Children 6-12 years old</td>
<td>Half tablet to be taken 3 times daily</td>
<td>5mL to be taken 3 times daily</td>
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<tr>
<td>Children 2-5 years old</td>
<td>Not recommended</td>
<td>2.5 mL to be taken 3 times daily</td>
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Bromhexine may be taken with or without food. For the syrup, shake the bottle well before use.

If you forget a dose, take it as soon as you remember it. But if it is nearly time for the next dose, skip the missed dose and continue with next dose at the usual time. Do not take a double dose at any one time.

Before using this medication
Medical advice should be sought before use if you have any of the following conditions:
Symptoms indicative of pneumonia or other lung infections (e.g. breathing difficulty while resting, blood-stained mucus, fever with temperature more than 38°C, chest pain), having low immune system due to other health conditions (e.g. HIV) or medications (e.g. chemotherapy, immune system medication) or existing lung conditions such as chronic obstructive lung disorder or severe uncontrolled asthma.

If you have gastric ulcers, liver or kidney problems.

This medication should be avoided if you have a known history of allergy to bromhexine or any of the other listed ingredients in the product.

Please seek your doctor’s or pharmacist’s advice before using this medication if you are pregnant or breastfeeding or likely to become pregnant or breastfeed during the course of medication.

Interactions with other medications
Be sure to inform your doctor and/or pharmacist if you are taking, have recently taken or plan to take other medications, nutritional supplements or herbal products.

Inform your doctor or pharmacist if you are taking any antibiotics as bromhexine may increase the absorption of antibiotics.

Side effects
Occasional, mild side effects include: a feeling of fullness in the stomach (bloating), diarrhea, dizziness, headache, indigestion, nausea, sweating and skin rashes.

When to seek further medical advice
Inform your doctor and/or pharmacist immediately if you experience any allergic symptoms (e.g. skin lesions, rashes, itchiness, difficulty in breathing or eye swelling) or serious side effects due to this medication.

If condition worsens or does not improve after 14 days of use.

How should this medication be kept?
Keep out of reach and sight of children.
Store in a cool dry place.
For syrup: discard bottle 6 months after opening or on the date of expiry whichever sooner.