

SINGAPORE, 11 OCTOBER 2017

HSA UPDATES

“HSA UPDATES” addresses topics of current public interest, and is subject to change as more information becomes available.
HSA UPDATES NO 6/2017

HSA UPDATES ON FOREIGN ALERTS ISSUED ON ADULTERATED HEALTH PRODUCTS FOUND IN OTHER COUNTRIES/REGIONS (JUN – JUL 2017)

The Health Sciences Authority (HSA) would like to update the public on adulterated health products found by regulatory agencies overseas between June and July 2017. This information is provided to increase awareness on safety issues of health products reported overseas, which may impact the local population. Please refer to Annex A and B of the pdf version for the list of adulterated health products and the possible side effects of the undeclared potent ingredients found in them.

Local Situation

2 To-date, these products are not detected to be sold in Singapore. Nevertheless, there is a possibility that consumers may have purchased them over the Internet, or from overseas.

HSA’s Advisory

- 3 Members of the public are advised to:
- Stop consuming the products if you have purchased or are consuming any of them, and consult a doctor if you are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain undeclared ingredients which

can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.

4 Additionally, members of the public are encouraged to visit www.healthdangers.sg to learn more about the dangers of buying health products from dubious sources.

5 Members of the public who come across the sale and supply of these adulterated products or other illegal products in Singapore may contact HSA's Enforcement Branch at Tel: 6866-3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

**HEALTH SCIENCES AUTHORITY
SINGAPORE
11 OCTOBER 2017**

▪ **About the Health Sciences Authority (HSA)**

The Health Sciences Authority (HSA) applies medical, pharmaceutical and scientific expertise through its three professional groups, Health Products Regulation, Blood Services and Applied Sciences, to protect and advance national health and safety. HSA is a multidisciplinary authority. It serves as the national regulator for health products, ensuring they are wisely regulated to meet standards of safety, quality and efficacy. As the national blood service, it is responsible for providing a safe and adequate blood supply. It also applies specialised scientific, forensic, investigative and analytical capabilities in serving the administration of justice. For more details, visit <http://www.hsa.gov.sg/>.






For more updates on public health and safety matters, follow us on Twitter at www.twitter.com/HSAsg.

▪ **About HSA Updates**

The “HSA Updates” seeks to provide current information, in a consistent and accurate manner, on topics of public interest. For all issues of HSA Updates, please visit www.hsa.gov.sg click “News & Events”, and select “HSA Updates”.

Media representatives are welcome to send any queries to the Corporate Communications Department @ HSA.


List of Adulterated Products

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
Bittermelon Slimming Capsules		Sibutramine	Australia Therapeutic Goods Administration
Black Stallion 5000		Sildenafil, tadalafil and homosildenafil (PDE-5 Inhibitors)	Health Canada
Cattle Capsule (牛寶膠囊)		Sildenafil (PDE-5 Inhibitor)	Taiwan Food and Drug Administration
Dragon Power (Yong Gang Tablets)		Sildenafil (PDE-5 Inhibitor)	Australia Therapeutic Goods Administration
Fluffy Unicorn		Synephrine and higher levels of caffeine than declared on label	Health Canada






Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
Herbecaot Men Spray (本草堂超久裝男用噴劑)		Tetracaine	Taiwan Food and Drug Administration
Idol Slim Coffee		Sibutramine	Taiwan Food and Drug Administration
Jing Pin Heijin Gang Tablets		Sildenafil (PDE-5 Inhibitor) and paracetamol	Australia Therapeutic Goods Administration
Kingdom Honey for Her		Tadalafil (PDE-5 Inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
Kingdom Honey for Him		Tadalafil (PDE-5 Inhibitor)	United States Food and Drug Administration
La Bri's Body Health Xplode		Sibutramine	United States Food and Drug Administration
La Bri's Body Health Atomic		Sibutramine	United States Food and Drug Administration
LANGSINGALAMI		Acetaminophen and sibutramine	Taiwan Food and Drug Administration
Li Da Weight Loss Capsule		Sibutramine	Taiwan Food and Drug Administration

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
<p>Lishou Fuling Jiaonang (麗瘦茯苓膠囊)</p>		<p>Sibutramine</p>	<p>Taiwan Food and Drug Administration</p>
<p>Lishou Slimming Coffee (麗瘦咖啡)</p>		<p>Sibutramine</p>	<p>Taiwan Food and Drug Administration</p>
<p>Love Zen 3000</p>		<p>Tadalafil (PDE-5 Inhibitor)</p>	<p>United States Food and Drug Administration</p>
<p>Macho Man 3000</p>		<p>Tadalafil (PDE-5 Inhibitor)</p>	<p>United States Food and Drug Administration</p>

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
Man Of Steel		Sildenafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Man Of Steel 2		Sildenafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Men's Club – Poppers Men's PIG BLACK – Nitrite Amyle Poppers		Amyl nitrite and isobutyl nitrite	Europe RAPEX

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
MIZME Premium dietary Marisa	 <p>The image shows the packaging for MIZME Premium dietary Marisa. On the left is a box with a woman in a bikini and the text 'MIZME Premium dietary Marisa by MIZME'. On the right is a red, oval-shaped capsule.</p>	Fluoxetine and sibutramine	Taiwan Food and Drug Administration
Monster X 1350	 <p>The image shows the packaging for Monster X 1350, featuring a dragon and the text 'MONSTER X 1350 THE STRONG'. It also includes a '3 DAY MONEY BACK GUARANTEE' badge.</p>	Tadalafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Napoleon 1968 拿破崙 1968	 <p>The image shows the packaging for Napoleon 1968 Delay Spray. On the left is a box with a portrait of Napoleon and the text 'NAPOLÉON 1968 Delay Spray FOR MEN'. On the right is a black spray bottle with a gold cap and the text 'NAPOLÉON 1968 Delay Spray FOR MEN'.</p>	Lidocaine	Taiwan Food and Drug Administration

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
New Kopi Jantan Tradisional Natural Herbs Coffee		Desmethyl carbodenafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Own the Knight 1750		Tadalafil (PDE-5 Inhibitor) and dapoxetine	United States Food and Drug Administration
Penisex Magic Oil (新一代日本 M88)		Tetracaine	Taiwan Food and Drug Administration
Poseidon Platinum 3500		Sildenafil (PDE-5 Inhibitor)	Health Canada
ResErection!		Sildenafil and tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
Rhino 69 Extreme 10K		Yohimbine	Health Canada
RHINO 7 Platinum 5000		Sildenafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Royal Honey VIP		Tadalafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Royal Master 1500		Tadalafil (PDE-5 Inhibitor)	United States Food and Drug Administration
RUFF Natural Formula capsules		Tadalafil, sildenafil (PDE-5 Inhibitors) and dapoxetine	Australia Therapeutic Goods Administration
Shengjingpian (生精片)		Chloramphenicol and sildenafil (PDE-5 Inhibitor)	Taiwan Food and Drug Administration

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
SHERB DETOX		Bisacodyl	Taiwan Food and Drug Administration
Sirrori Green Viagra Tablets		Sildenafil (PDE-5 Inhibitor)	Australia Therapeutic Goods Administration
Slim Perfect Legs		Sibutramine	Taiwan Food and Drug Administration
Slimming Capsule – Reduce Fat		Sibutramine and phenolphthalein	Australia Therapeutic Goods Administration
Super Panther 7K		Sildenafil and tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
Thin and Beautiful (還原最美的你)		Caffeine	Taiwan Food and Drug Administration
Triple Miracle Zen Plus 1200mg		Sildenafil and tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration
Triple Premium Zen Gold 1300mg		Sildenafil, tadalafil (PDE-5 Inhibitors) and dapoxetine	United States Food and Drug Administration
Triple X 2000		Tadalafil (PDE-5 Inhibitor) and dapoxetine	United States Food and Drug Administration
V8 tablets		Sildenafil (PDE-5 Inhibitor)	Australia Therapeutic Goods Administration
Vigara		Sildenafil (PDE-5 Inhibitor)	Taiwan Food and Drug Administration

Name of product	Picture of product	Undeclared potent ingredient(s) found	Source (Regulatory Agency)
XXX Zone Platinum		Sildenafil, tadalafil (PDE-5 Inhibitors) and dapoxetine	United States Food and Drug Administration
Xzone Gold		Sildenafil and tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration
YOU SLIM'XS		Sibutramine	Taiwan Food and Drug Administration
สมุนไพรดทืออกข by Busaba		Bisacodyl	Taiwan Food and Drug Administration
三體牛鞭勃動力		Caffeine, phenolphthalein, sibutramine, and sildenafil (PDE-5 Inhibitor)	Taiwan Food and Drug Administration

Possible side effects of the undeclared potent ingredients in adulterated health products

Amyl nitrite and isobutyl nitrite

Both amyl nitrite and isobutyl nitrite relaxes the muscles in blood vessel walls and increases blood flow. Adverse effects that have been documented with their use include headache, increased heart rate, low blood pressure, dizziness and coma.

Bisacodyl

Bisacodyl is used to treat constipation. The use of bisacodyl has been associated with adverse effects including abdominal discomfort and diarrhoea.

Caffeine

Caffeine is used in the treatment of conditions including headache. Adverse effects that have been documented with the use of caffeine include gastrointestinal irritation, insomnia, agitation, restlessness and palpitations.

Chloramphenicol

Chloramphenicol is an antibiotic used to treat bacterial infections. It is a prescription-only medicine and should be used under medical supervision. Chloramphenicol can potentially cause serious adverse effects including nausea, vomiting, diarrhoea, headaches and liver injury.

Dapoxetine

Dapoxetine is used to treat premature ejaculation. Dapoxetine use has been associated with adverse effects including insomnia, anxiety, restlessness, blurred vision, diarrhoea and vomiting.

Fluoxetine

Fluoxetine is used to treat conditions including depression. Adverse effects associated with the use of fluoxetine include diarrhoea, indigestion, nausea, dizziness, insomnia, anxiety and loss of appetite.

Lignocaine and tetracaine

Lignocaine and tetracaine are anaesthetic medicines used to decrease or eliminate the feeling of pain. The inappropriate use of products with high concentrations of lignocaine or tetracaine can cause dizziness and low blood pressure.

Paracetamol/Acetaminophen

Paracetamol or acetaminophen, is used for relieving pain, headache and fever. Products which contain paracetamol but do not have this declared on the label may lead to overdosing that can result in liver damage.

Phenolphthalein

Phenolphthalein was used as a laxative in the past, but has not been registered in Singapore since 2011. Phenolphthalein may cause rashes, abdominal cramps, breathing difficulties, kidney disorders and has been found in animal studies to be associated with cancer.

Synephrine

Synephrine and caffeine, when combined, may cause serious and possibly fatal adverse effects. Synephrine taken in combination with caffeine can cause side effects ranging from dizziness, tremors, headaches and irregularities in heart rate to seizures, psychosis, heart attacks and stroke.

Phosphodiesterase Type 5 (PDE-5) Inhibitors

PDE-5 inhibitors are used to treat male erectile dysfunction and should be used under medical supervision. This class of medicine includes sildenafil, tadalafil and their chemically related compounds such as desmethyl-carbodenafil and hydroxyhomosildenafil. These medicines can potentially cause serious adverse effects such as decreased or loss of vision and hearing, strokes, heart attacks and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 Inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil (PDE-5 Inhibitor) while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription-only weight loss drug used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious adverse effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

Yohimbine

Yohimbine is a potent western medicinal ingredient. Adverse effects associated with yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision.