



FOR IMMEDIATE RELEASE

HEALTH SCIENCES AUTHORITY
PRESS RELEASE
20 JULY 2018

HSA ALERT: 'LI DA' AND 'CHAPTER PLUS' SOLD ONLINE FOUND TO CONTAIN BANNED SUBSTANCE SIBUTRAMINE

The Health Sciences Authority (HSA) is alerting members of the public not to purchase or consume two slimming products 'Li Da Weight Loss Capsule ('Li Da')' and 'Chapter Plus By BackSlim ('Chapter Plus')' as they contain an undeclared and banned substance, sibutramine, which poses serious health risks. HSA had tested both products and found them to contain sibutramine. Both products were found to be sold on various local online platforms. Our preliminary investigations showed that a number of people may have bought the products online.

Please refer to **Annex A** for photos of the products.

DANGERS OF ILLEGAL SLIMMING PRODUCTS SOLD ONLINE

2 Sibutramine has been withdrawn in Singapore since 2010 due to an increased risk of heart attacks and strokes. In recent years, HSA has detected several slimming products adulterated with sibutramine. These have caused serious adverse effects in our consumers, including breathing difficulties, palpitations, mood swings, hallucinations and hearing of voices.

3 The product 'Li Da' is similar to two other illegal slimming products "Li Da DAIDAIHUA Weight Loss Capsule' and 'Lida (Plus)', which were detected to be adulterated with sibutramine by HSA and Australia's Therapeutic Goods Administration in November 2014 and March 2018 respectively^{1,2}. Both 'Li Da' and 'Li Da DAIDAIHUA' were falsely labelled to mislead consumers into thinking that they

¹ http://www.hsa.gov.sg/content/hsa/en/News_Events/Press_Releases/2014/hsa-alerts-publictotwoillegalproductscontainingpotentundeclaredi.html

² <https://www.tga.gov.au/alert/lida-plus-capsules>

were diet supplements containing '100% herbal' ingredients, with 'no chemicals' and carried claims that they 'work fast' with 'no side effects'.

4 'Chapter Plus' was falsely marketed as a '100% safe' dietary supplement with '100% natural herbs' and 'no side effects'. A consumer complained of an increase in heart rate following the consumption of 'Chapter Plus' purchased online from a local company 'OUR COCOMO Pte Ltd'. The company is currently assisting with HSA in its investigations.

ADVISORY TO CONSUMERS

5 Consumers are advised to:

- Stop taking 'Li Da' or 'Chapter Plus' immediately, and consult a doctor if you feel unwell or are concerned about your health.
- Be wary of health products that promise or deliver quick and miraculous weight loss, or carry exaggerated and extreme claims such as '100% safe' and 'no side effects'.
- Do not trust online product reviews, as these testimonials usually cannot be verified. If they seem too good to be true, they usually are.
- Exercise caution when purchasing health products online, especially from unfamiliar websites and if the products carry exaggerated claims. Anyone can sell health products on these e-commerce platforms. You cannot be certain where and how these products were made. They could potentially be counterfeits or adulterated with undeclared potent or banned ingredients which can seriously harm your health.

6 HSA has produced a short video on the risks associated with buying health products online. This video can be viewed at https://youtu.be/dmjl_bSqJgA.

ADVISORY TO SELLERS AND SUPPLIERS

7 All sellers and suppliers must stop selling 'Li Da' and 'Chapter Plus' immediately.

- These are illegal products which contain banned ingredients.
- Anyone who supplies illegal health products is liable to prosecution and if convicted, may be imprisoned for up to 3 years and/or fined up to \$100,000.

8 Members of the public who have any information on the sale and supply of these illegal products may contact HSA's Enforcement Branch at Tel: 6866-3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

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SINGAPORE
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About the Health Sciences Authority (HSA)

The Health Sciences Authority (HSA) applies medical, pharmaceutical and scientific expertise through its three professional groups, Health Products Regulation, Blood Services and Applied Sciences, to protect and advance national health and safety. HSA is a multidisciplinary authority. It serves as the national regulator for health products, ensuring they are wisely regulated to meet standards of safety, quality and efficacy. As the national blood service, it is responsible for providing a safe and adequate blood supply. It also applies specialised scientific, forensic, investigative and analytical capabilities in serving the administration of justice. For more details, visit <http://www.hsa.gov.sg/>.

For more updates on public health and safety matters, follow us on Twitter at www.twitter.com/HSAsg.

About HSA's Health Products Regulation Group

The Health Products Regulation Group (HPRG) of HSA ensures that drugs, innovative therapeutics, medical devices and health-related products are wisely regulated and meet appropriate safety, quality and efficacy standards. It contributes to the development of biomedical sciences in Singapore by administering a robust, scientific and responsive regulatory framework.

'Li Da Weight Loss Capsule'



'Chapter Plus By Backslim'



CHAPTER PLUS+
BY NATURE COS

ผลิตภัณฑ์เสริมอาหาร แชนเพดอร์

INGREDIENTS/ส่วนประกอบ	
Garcinia Extract / สารสกัดพลับแขก	150.00 mg.
Kelp Extract / สารสกัดสาหร่าย	150.00 mg.
Green tea Extract Powder / สารสกัดชาเขียว	100.00 mg.
Reishi Extract / เห็ดหลินจือ	37.00 mg.
Ginseng Extract / สารสกัดโสม	35.00 mg.
Capsicum Extract / สารสกัดจากพริก	25.00 mg.
Psyllium husk Powder/ พืชใยชนิดดำ	3.00 mg.

วิธีรับประทาน : 1 แคปซูล ก่อนอาหารเช้า 15-30 นาที
How to eat : 1 capsules before breakfast 15-30 minutes.

คำเตือน เด็กและสตรีมีครรภ์ไม่ควรรับประทาน
Cautions : Children and Pregnant should not consume.

ควรรับประทานอาหารเช้าก่อน 5 ทุ่ม
โปรดรับประทานก่อนหรือหลังอาหารเช้า

เก็บไว้ในที่แห้งและเย็น ไม่ใช้วัตถุกันเสีย
Store In Cool And Dry Place. No Added Preservatives.

Manufactured by : Nature cos laboratory
99/116 moo 6 Banpuek, Amphur Muang, Chonburi 20130

จัดจำหน่ายโดย : Back slim

MFG : 25/12/17
EXP : 25/12/19
LOT : CT2018001

น้ำหนักสุทธิ 600 มก. (10 แคปซูล)
Net weight 600 mg.(10 แคปซูล)

ราคา 350 บาท

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