

FOR IMMEDIATE RELEASE HEALTH SCIENCES AUTHORITY PRESS RELEASE 27 SEPTEMBER 2018

'JUS AL SUNNAH GOLD 1001 KHASIAT JUS ALTERNATIF' AND 'JUS AL SUNNAH 1001 KHASIAT JUS ALTERNATIF' FRUIT JUICES FOUND TO CONTAIN UNDECLARED POTENT MEDICINAL INGREDIENTS

The Health Sciences Authority (HSA) is alerting members of the public not to purchase or consume two fruit juices 'Jus Al Sunnah Gold 1001 Khasiat Jus Alternatif' and 'Jus Al Sunnah 1001 Khasiat Jus Alternatif'. When tested, both fruit juices were found to contain potent medicinal ingredients.

Product	Undeclared Medicinal Ingredients
Jus Al Sunnah Gold 1001 Khasiat Jus	Dexamethasone, prednisolone,
Alternatif	diclofenac
Jus Al Sunnah 1001 Khasiat Jus	Dexamethasone, prednisolone
Alternatif	·

Please refer to **Annex A** for pictures of the products, and **Annex B** for more information about the medicinal ingredients found in the products.

- 2 Five patients, including a child, developed serious steroid-induced side effects such as Cushing's syndrome and uncontrolled diabetes after taking 'Jus Al Sunnah Gold 1001 Khasiat Jus Alternatif'.
- Members of the public are advised to consult a doctor if they are taking 'Jus Al Sunnah Gold 1001 Khasiat Jus Alternatif' or 'Jus Al Sunnah 1001 Khasiat Jus Alternatif' as they have been tested to contain potent steroids. Sudden discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure, especially when these products have been taken for more than a few weeks.
- 4 Sellers must stop selling 'Jus Al Sunnah Gold 1001 Khasiat Jus Alternatif' and 'Jus Al Sunnah 1001 Khasiat Jus Alternatif' immediately.

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About the Health Sciences Authority (HSA)

The Health Sciences Authority (HSA) applies medical, pharmaceutical and scientific expertise through its three professional groups, Health Products Regulation, Blood Services and Applied Sciences, to protect and advance national health and safety. HSA is a multidisciplinary authority. It serves as the national regulator for health products, ensuring they are wisely regulated to meet standards of safety, quality and efficacy. As the national blood service, it is responsible for providing a safe and adequate blood supply. It also applies specialised scientific, forensic, investigative and analytical capabilities in serving the administration of justice. For more details, visit http://www.hsa.gov.sg/.

For more updates on public health and safety matters, follow us on Twitter at www.twitter.com/HSAsg.

About HSA's Health Products Regulation Group

The Health Products Regulation Group (HPRG) of HSA ensures that drugs, innovative therapeutics, medical devices and health-related products are wisely regulated and meet appropriate safety, quality and efficacy standards. It contributes to the development of biomedical sciences in Singapore by administering a robust, scientific and responsive regulatory framework.

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Pictures of 'Jus Al Sunnah Gold 1001 Khasiat Jus Alternatif'



Pictures of 'Jus Al Sunnah 1001 Khasiat Jus Alternatif'

ANNEX B

INFORMATION ON UNDECLARED MEDICINAL INGREDIENTS FOUND IN THE PRODUCTS

Dexamethasone and prednisolone

Dexamethasone and prednisolone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term unsupervised use of oral steroids can cause Cushing's syndrome (which is characterised by a 'moon face' and upper body obesity with thin limbs), increased blood glucose levels leading to diabetes, high blood pressure, cataracts, bone disorders, an increased risk of infections and muscle weakness.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause serious gastric bleeding, as well as cardiovascular events such as heart attacks and stroke when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions.