

Ketotifen 2mg Tablets, 1mg/5mL Oral Solution (key-toe-TIFF-en)

What is this medication used for

Ketotifen is used for relieving symptoms of allergic conditions such as itchy skin rash, sneezing, runny nose or itchy eyes. Ketotifen belongs to a group of medications called antihistamines. It works by blocking the effects of histamine, a chemical that causes allergic symptoms.

How to take this medication

Age	Recommended dose for tablet	Recommended dose for SRO (slow-release) tablet	Recommended dose for 1mg/5mL oral solution
Adults and children >3 years old*	<u>Initial:</u> 1 mg twice daily	<u>Initial:</u> 2 mg once daily in the evening	<u>Initial:</u> 5 mL twice daily

*Children >3 years old require the same daily dose regimen as adults due to same pattern of metabolism.

Ketotifen may be taken with or without food.

For the oral solution, shake the bottle well before use.

For the SRO (slow-release) tablet, swallow the tablet whole. Do not crush or chew.

Do not use for more than 10 days without medical advice.

Before you use this medication

Medical advice should be sought before use if you have the following conditions: Asthma, diabetes, kidney problems, liver problems, and the elderly (≥65 years old).

This medication should be avoided if you have a known history of allergy to ketotifen or any of the other listed ingredients in the product. It should also be avoided if you have epilepsy or known history of seizure.

Please seek your doctor's or pharmacist's advice before using this medication if you are pregnant or breastfeeding.

Interactions with other medications

Ketotifen can interact with oral blood sugar lowering medicines, antihistamines and medicines that have sedative effects. Be sure to inform your doctor and/or pharmacist if you are taking, have recently taken or plan to take other medications, nutritional supplements or herbal products. Avoid taking with alcohol.

Side effects

Common side effects: Drowsiness, dizziness, headache, blurred vision, dry mouth, insomnia, irritability, nervousness, agitation, excitation

Rare side effects: Platelet dysfunction, weight gain, urinary tract infection, increased liver enzymes

This medicine may cause drowsiness, and patient's reactions may be impaired. If affected, do not drive or operate any machinery.

When to seek further medical advice

Inform your doctor and/or pharmacist immediately if you experience any allergic symptoms (e.g. rashes, itchiness, swollen eyes or lips or breathing difficulties) or serious side effects due to this medication.

Consult a doctor if your symptoms do not improve after 10 days of use, or if the condition worsens.

How this medication should be kept

Keep out of reach and sight of children.

Store in a cool dry place below 30°C.

SRO tablets to be stored below 25°C.

