



## **HSA UPDATES ON PRODUCTS FOUND OVERSEAS THAT CONTAIN POTENT INGREDIENTS (FEBRUARY 2020)**

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in February 2020 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.



### **HSA's Advisory**



- 2 Members of the public are advised to:
  - Consult a doctor if you have consumed any of the products and are feeling unwell.
  - Avoid buying any of the products when abroad.
  - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
  - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
  - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: [hsa\\_is@hsa.gov.sg](mailto:hsa_is@hsa.gov.sg).

## Annex A

### List of Products

*Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions*

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 1100		Tadalafil (PDE-5 inhibitor)	Health Canada
Alpha-Male		Sildenafil and Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bling Bling Sister BBS Superman Capsules		Sibutramine and Orlistat	Australian Therapeutic Goods Administration
Bliss Anti-Stress Formula		Yohimbe	United States Food and Drug Administration



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bow and Arrow		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Kangaroo		Sildenafil (PDE-5 inhibitor)	Health Canada
Lollipop		Sildenafil, Tadalafil (PDE-5 inhibitors) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 25K		Tadalafil (PDE-5 inhibitor)	Health Canada
Master Zone 1500		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
OrgaZEN Gold 5800		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration






Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Performance Plus capsules		Sildenafil (PDE-5 inhibitor)	Health Canada
Premium Pro Power 3500		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium X Pulse 2000		Yohimbe	Health Canada
ResERECTI ON (Blister)		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino		Amino tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor), Yohimbine	Health Canada
RMFLEX		Diclofenac	United States Food and Drug Administration
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Panther 7K		Yohimbe	Health Canada
Thunder Bull		Yohimbe	Health Canada
Triple Green		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Up2		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Vigar X		Yohimbe	Health Canada
VIP GO Rhino Gold 69K		Yohimbe bark extract	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Vy & Tea		Sibutramine and Phenolphthalein	Hong Kong Department of Health
White Panther		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
XXL Ant 3000		Yohimbe	Health Canada
XXX Platinum WOODIE		Sildenafil and Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration
2000 Ginseng Red		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
3800 Hard Rock		Yohimbe	Health Canada
7K		Yohimbe	Health Canada



## **Annex B**

### **The possible side effects of the potent ingredients**

#### **Diclofenac**

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

#### **Orlistat**

Orlistat is a medicine used in the management of obesity. This medicine should be used under the supervision of a healthcare professional. The inappropriate use of orlistat can cause headaches, abdominal pain, oily discharge from rectum, liquid stools, flatulence and fatigue.

#### **Phenolphthalein**

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

#### **Phosphodiesterase Type 5 (PDE-5) inhibitors**

This class of medicine includes amino tadalafil, sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

#### **Sibutramine**

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings. DesmethyI sibutramine is a substance similar to sibutramine which may have similar side effects.

**Yohimbe / Yohimbine**

Yohimbine is a potent medicinal ingredient. Side effects associated with yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.