

## HSA updates on products found overseas that contain potent ingredients (November 2020)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in November 2020 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

## **HSA's Advisory**

- 2 Members of the public are advised to:
  - Consult a doctor if you have consumed any of the products and are feeling unwell.
  - Avoid buying any of the products when abroad.
  - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
  - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
  - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit <a href="https://www.hsa.gov.sg/consumer-safety/">https://www.hsa.gov.sg/consumer-safety/</a> to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: <a href="mailto:hsa.is@hsa.gov.sg">hsa.is@hsa.gov.sg</a>.

## Annex A

## **List of Products**

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Africa Rhino Platinum 75K	APRICARTINO  Fast Acting Long Lasting  TIME SIZE STAMINA	Yohimbe	Health Canada
AleZaR Argan Oil	20-03118-03 KK  01.09.2020  01.09.2020	Octamethylcyclo- tetrasiloxane (D4)	EU RAPEX (Finland)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000	To the state of th	Tadalafil (PDE-5 inhibitor)	Health Canada
Alien 2 Power Platinum 11000	Platinum LICOO TM Ready to Get the Power of Alien SIZIE SIZIE NO HEADACHE	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Amsterdam	AMSTERDAM FIRE 10 cc	Isobutyl nitrite (Alkyl nitrites)	Health Canada
Bigger Longer More Time More Sperms (sic)	AND SECURITION OF THE PROPERTY	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Bio Claire Crème Corporelle Eclaircissante Skin Lightening Cream	INGREDIENTS: WATER, MINITARI, OIL, PETROLATUM, LANGUR, STEAM, EAG, CETAM, STARFLIC, ALCOHOL, BOPROPY, MYRISTATE, TOCOMPRIN, ACETATE, BIRT, METROLATUM, BIRTONIC ACCOUNT, AND ATTA SOGRAM METABLUSHT, COTTA, METROLATURA MATERIA BUTH, METROVIORISMONIMETHAN E. 0344, CITED CAID, PROPTIERE GLYCOL, ROIC ACID, LECTIFINA, CHOLESTEROL, ASCORBIC ACID, FRAGMANCE.  N.P. GANDOUR Certifiee iso 9001 01 BP 4387 Abidjan 01 MADE IN CÔTE D'IVOIRE  CRÈME CORPORELLE ECLAIRCISSANTE ACTIVIQUE HOLLOWING METABLUSHE ECLARICISSANTE ACTIVIQUE HOLLOWING METABLUSHE ECLARICISSANTE ACTIVIQUE HOLLOW SEGRAL ECLARICISSANTE CREME CORPORELLE ECLARICISSANTE ACTIVIQUE HOLLOW SEGRAL SECRETARIA L'I-JETHELING SOUT CREAM HYDROQUINOME FREE LIGHT HOLLOW SEGRELATURE L'I-JETHELING SOUT CREAM HYDROQUINOME FREE LIGHT HIS ASSASSITE SANS HYDROQUINOME FREE LIGHT HYDRO	Mercury	EU RAPEX (Sweden)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Mamba 2 Premium	BLACKTH BANBAPRING INC.  PRIMIUM  PRIMI	Sildenafil (PDE-5 inhibitor)	Health Canada
Black Mamba 7K	PREMIUN  PRE	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Mamba Extreme 15000	FOWER  1 Capsulo (cr 7 Days)	Yohimbe	Health Canada
Black Opal Even True Tone Correct Fade Cream	tonecorrect fade creme creme teintcorrect estompante with hydroquinone  BLACK OPAL  EVEN  tonecorrect fade creme fades dark spots & evens skin tone  crème teintcorrect estompante estompante estompante estompe les tâches sombres et unifie le teint	Hydroquinone	EU RAPEX (The Netherlands)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther	BLACK PANTHER  DAYS LONG ACTION  LONG AND FARCE	Yohimbe	Health Canada
Black Panther #1	BLACK FANTHER#1  DAYS LONG ACTION LASTING TIME+GIZE+STAMINA  MAXIMUM POWER  MAXIM	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther 350K	350K BLACK PANTHER  TIME SIZE STAMINA  1 Capsule for 7 Days GENERALE	Yohimbe	Health Canada
Black Panther Platinum 30K	BLACK PANTERL  SIZE STAMINA LASTING  CEPSUIS UP TEVS	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Blue Boy	Super formula  Blue boy  PROFESSIONAL STRENGTH  CLEANER  10ml	Alkyl nitrites	Health Canada
Body Shape Weight Loss System	Body Shape Wage Danisharia	Sibutramine and Fluoxetine (SSRIs)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Boss-Rhino Gold	Boss-Rhino GOLD  LONGER BIGGER TTYNAMES  1.600mg for al days.	Sildenafil (PDE-5 inhibitor)	Health Canada
Botaya Herb Nourishing Skin Care Set	Tuman เอิร์น  Botaya Perb  Tuman เอิร์น  สมุนโพรสูตรปารุงนีว เอ็วการดูแลทุกปัญหานิวในนั้นตอนเดินป	Mercury	Thailand Food and Drug Administration
Bravo for Him	Last up to 3 Days Longer, Harder, and more Stamina Best Quality Natural Male Performance	Sildenafil, Tadalafil, Desmethylcarbo- denafil and Dithiodesmethyl- carbodenafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Carotone - LIGHT AND NATURAL Crème éclaircissante 3 en 1	LATT - NATURAL CAROTONE CAROTO	Clobetasol propionate (Corticosteroids)	EU RAPEX (France)
Cocoderm Lightening Body Cream	COCCONT PROTECTION & CLARIFIANT PROTECTIVE & LIGHTENING EFFECT  LIN EXTURN DE COCO  AND EXTURN DE COCO  AN	Hydroquinone	EU RAPEX (France)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Crypt Tonight	CRYPY	Isobutyl nitrite (Alkyl nitrites)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
DMC Lase Peroxide Sensy	Lose Peroxide Sensy  Profession and Proceedings - 255  Advances and Procedings - 255  Advance	Hydrogen Peroxide	EU RAPEX (Finland)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Double Scorpio Emerald	DOUGHE ELLIPSIE EMERALS 10 ml	Isobutyl nitrite (Alkyl nitrites)	Health Canada
English Royale	THE ORIGINAL UKSENSATION  ENGLISH ROYAL  10ml (.34 fl. oz.)	Isobutyl nitrite (Alkyl nitrites)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
FX 3000	ALL NATURAL FORMULA  FORMULA  FORMULA  FORMULA  I Capsule for 7 Days	Sildenafil (PDE-5 inhibitor)	Health Canada
Ginseng Red 2000	COUNTY ENDANGEMENT ADDRESS OF THE SECOND SERVICE SERVI	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Gold Rush Original	REVERSE CONTROL OF THE PROPERTY OF THE PROPERT	Isobutyl nitrite (Alkyl nitrites)	Health Canada
Grain German Shepherd tablets	SEPWARCHWS MEGAPKS	Sildenafil (PDE-5 inhibitor) and Paracetamol	Australia Therapeutic Goods Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Hard Rock 3800	All Night Long Pleasure  STRUKER STRUKA  LONGER STR	Yohimbe	Health Canada
Herb Gold all natural all in one cream	HERB GOLD ALL NATURAL ALL IN ONE CREAM	Mercury	Thailand Food and Drug Administration
Herb Viagra Male Sexual Stimulant	TAL BALARLE PRODUCTOR THE WORLD  HERBYVAGRA  MALE SEMINAL STIMULANT  CONTROL OF THE WORLD  1 CAPSULE LASTS 2-3 DAYS  1 CAP	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Horny Goat Weed	HOTAY  GOAT  CAPACILES  For Men & Women  INTO TO VES  SEXUAL PERFORMANCE INCREASES DESIRE	Yohimbe	Health Canada
Jungle Juice Gold Label	SUNGLE SULICE GOLD LABELE FORMULA	Alkyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Platinum	JEAT THUM THE ORIGINAL PROFESSIONAL STRENGTH CLEANER COST 10 ml	Alkyl nitrite	Health Canada
Kangaroo Ultra 3000	MORE RELAXED MORE SENSITIVITY MORE ORGASMS MORE VAGINAL LUBRICATION  LUCKY TO BE A WOMAN 18-	Flibanserin	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
KiMiSo Dark Chocolate	Procegues Circo - Existing Rate - Ministrator - Real Records Service S	Sibutramine	Hong Kong Department of Health
Kopi Strong Man Plus	And	Dexamethasone (Corticosteroids)	Malaysia Ministry of Health
Lana Crème clarifiante super white bio	Super White CREME ECLAIRCISSANTE LIGHTENING CREAM	Hydroquinone	EU RAPEX (France)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
L'Abidjanaise Crème éclaircissante carotte	Controlle Crime  Controlle Resolution  Controlle Crime  C	Clobetasol propionate (Corticosteroids)	EU RAPEX (France)
Livtone	Liveled Livtone  Interpretation of the second of the secon	Sibutramine and Fluoxetine (SSRIs)	United States Food and Drug Administration
Lucky Lady	Chido Enhancement  Female  Naturally Restore Statist Passal Ansation of teasure Heighters Arousal and Sexual Satisfaction  Stronger, More Intense Orgasms	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 9800	Prostate Improvement Increases TIME of NTERCOURSE Increases SIZE and HARDNESS Increases SIZEINA and SEX DRIVE	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Magnum XXL 50K	Prostate Improvement Increases TIME of INTERCOURSE Increases SIZE and HARDNESS Increases SIZE INA and SEX DRIVE  Capsule for T DAYS  LOOS Natural Herbal Extract  LOOS Natural Herbal Extract  LOOS Natural Herbal Extract	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Mamba Is Hero	INTERIOR STATE OF THE POWER STAT	Sildenafil, Dimethyl- carbodenafil (PDE-5 inhibitors) and Dapoxetine (SSRIs)	Health Canada
Master Zone 1500	MASIER ZONE  Male Sexual Performance Enhancement  SIZE  TIME  STAMINA  Action  (100%)	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Maximum Power Bang All Night Long	CHILD HAVE	Sildenafil (PDE-5 inhibitor)	Health Canada
MV7 Days 3500	Extreme  Increases TIME OF INTERCOURSE Lasting Your Sex Fam. Grow Langing Timereases SIZE and ROCK HARD Grow Langing Timereases Communatives DRIVE Gain Hospitality Hardinary Tolling  EC.  The ALLACHE  The ALLACHE	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MYO-HGH workout supplement	REMARKS SOST FAT LOSS:  10 60  CAPSULES  DETARYSIRES	MK-677 (SARMs)	Health Canada
MYO-RAD workout supplement	RAD 140 TESTOLONE TESTOSTERONE	RAD 140 Testolone (SARMs)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MYO-STA workout supplement	OSTARINE MK-2866  OSTARINE MK-2866  INCREASED LEAN MASS GAINS: BETTER STRENGTH: MORE ENDURANCE JOINT HEALING ABILITY  SOCIETY OF THE STRENGTH	MK-2866 (SARMs)	Health Canada
MYO-TKO Total Knock- Out workout supplement	SAVAGE LINELARS  REME PRE WORKOUT  REMETERONE IGNITER  LUTRA INTENSE INTENSE ENERGY EN	MK-2866 (SARMs)	Health Canada
New Face Whitening Cream	For the control of th	Mercury	EU RAPEX (Sweden)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	To the editory of the control of the		
Optimal Wet Wipes Chamomile	Montile  ALCOHOL PREE PARABET FREE  WET WIPPS  Continuousle  Chamonile  Chamo	Methylchloro- isothiazolinone (MCI) and Methyl- isothiazolinone (MI)	EU RAPEX (Cyprus)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	SENTS: Descrize water, glyceryl stearate, Phenoxyethanol, ceteareth 20, glycerin, Social see 20, estostearyl, Dehyroacetic acid, Cetearyl isonocanacie (Cocamidopropyleetar #15) projectocate, cetylpalmitate, Edia, Cliric acid, Vitamine E. Fragrance.		
	State And Comment of the Annual Comment of t		
	n,Sodium benzoate, and so		
	04000 204396		
	Data di produzione sull'imballaggio. Üretim tarihi ambalajın üzerindedir. . RO - data de fabricație pe ambalaj.		
	Пахії, єїжина за хигиена на кни марамчина за хигиена на кни марамчина за хигиена на кни марід парада стробова стробова на кни марід управи стробова на кни марід управи стробова на кни марід управи стробова на кни марід за парада на парада на кни марід за парада на парад		

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Piment doux plus Crème de visage éclaircissante	PIMENT DOLLAGE BELLAIRCISSANTS CONTROL OF PLANT OF PARTY OF PROPERTY OF PROPER	Hydroquinone	EU RAPEX (France)
Platinum Amsterdam	PARKUR STERRAL SOLVENT CLEANS COLL JOIN COLL J	Alkyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Poseidon Platinum 3500	NEW STAMNIA  PLATINUM STAMNIA	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Powerplay Formula Leather Eagle	POWERPLRY FORM  TRADE MARK	Isobutyl nitrite (Alkyl nitrites)	Health Canada
Premium Pro Power 3500	PRO PROPER NO HEADACHE 3500  STAMINA  Fast Acting Male Supplement Natural Energy Enhancer	Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Prestige – Rejuvenating Plus Toner	NOTICE NATE  WINDOWN THE PROPERTY OF THE PROPE	Hydroquinone and Tretinoin	Brunei Darussalem, Ministry of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino Super Long Lasting 200K	RHING SUPER LONG LASTING  Made in USA  And in USA  Capsule Upto Days	Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino XL 75K	STAIMINA SIZE  MALE SEXUAL ENHANGER	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 3000	RHING	Desmethyl- carbodenafil (PDE-5 inhibitor) and Dapoxetine (SSRIs)	Health Canada
Rhino 7 Platinum 5000	RHING SOOD Fast Acting Long Lasting  TIME SIZE STATINA  Parimum (5000)  Fast Acting Long Lasting  THE ADACHE  Parimum (5000)  Parimum (5000)	Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 8 Platinum 80000	REPUBLISH SOUD SOUD Fast Acting Long Lasting Co.  TIME SIZE STAMINA	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Rhino 12 Titanium 200K	RHING 2000  RHING 12  FAST ACTING LONG LASTING  TIME SIZE STAMINA  WARNING Beware of counterfelt products	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 25 Platinum 25000	PHINO DE LASINO DELLA DE	Yohimbe	Health Canada
Rhino 69 Platinum 35000	RHINO 35000  RHINO 35000  SUPERLONG LASTING  TIME SIZE STAMINA HEADACHE  Capsulo Uptor Days	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Platinum 75000	Platinus (75000)  PLINO 69  TIME SIZE NO READACHE  STAIVINA READACHE	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Rhino 69 Power 500K	SUPER LONG LASTING 69  HEADER  Capsule Upto, Days  1 House	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 96 Platinum 77000	RELING 0 60  Fast Acting Long Losting  TIME SIZE STAMINA  WASHING Process of Countries Conditions	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Rhino 99 Extreme 90000	TIME SIZE STAMINA  Capsula for Days NO HEADACHE	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhinozen 69 Platinum 25000	ECHINOZIBIO 69  ESTAMINA  Capsula for 7 DAYS  7 Capsula for 7 DAYS  7 CAPSULA Herbal Extract	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Rise 2.0 Liquid Cialis 30ml bottle(s)	Secret Sames  Cialis  Cialis	Tadalafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rising Phoenix	MALE ENHANCEMENT PILL NO HEADACHE	Yohimbe	Health Canada
Rochefort	LEATMER CEALER HARNING MAY GESTINALIONED SYMMER COSEVERS EVER HARVES	Isobutyl nitrite (Alkyl nitrites)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Hour 72	SIAN SIAN SIAN SIAN SIAN SIAN SIAN SIAN	Sildenafil, Tadalafil, Desmethyl- carbodenafil and Dithiodesmethyl- carbodenafil (PDE-5 inhibitors)	Health Canada
Rush	RUSH CLEANING SOL TION CONT. 0.40 R.V	Isobutyl nitrite (Alkyl nitrites)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Original	RUSH ORIGINAL	Isobutyl nitrite (Alkyl nitrites)	Health Canada
Sandal Whitening Beauty Cream	Whitening Beauty Cream  Brands by  Manufactured by:  Coerceidos Pakistan	Mercury	EU RAPEX (Germany)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Shark 5K	SHARK STANDARD OF THE STANDARD	Yohimbe	Health Canada
Spanish Fly 22,000	TIME + SIZE + STAMINA  O TIONISM  10%  22,000  14  PRIMINA  10%  10%  10%  10%  10%  10%  10%  10	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rox	STIFF	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Stree Overlord	STREE EXCEED VIGRA OVERLORD  The best earlies produced if the word made willed in all menulest Address Tolly from design membering against the produced of the word made willed in all menulest address Tolly from design membering against the produced of th	Sildenafil (PDE-5 inhibitor) and Ciprofloxacin	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Mamba-Triple Maximum	SUPER MANAGEMENT PLL	Yohimbe	Health Canada
Super RUSH Original	EVER FAKET CONVENTIONAL PROPERTY AND	Isobutyl nitrite (Alkyl nitrites)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super RUSH Original- Black Label	SOLVENT CLEARY, WARRING, MAY BEATH, PAN BEACH EVEN SAME SAME SAME SAME SAME SAME SAME SAME	Isobutyl nitrite (Alkyl nitrites)	Health Canada
S.W.A.G Sex with a grudge	SEX WITH A GRUDGE PERIODAL PERFORMANCE TO THE NEXT LEVEL III  TO HURT II  2 To Kill It  www.SexWithAGrudge.com	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000	NEW PACKAGING  MALE ENHANCEMENT PLUS ENERGY  14000  1 PILL WORKS UP TO 8 DAYS  100% GENUINE PRODUCT  NO HEADACHES  100%  100%	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Triple Green	DETECTION OF THE PROPERTY OF THE PROPERTY OF THE POWER OF	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Triple MiracleZEN Gold	Miraclezen  Male Sexual Reformance Enhancement f Capsule for 7DAYS  No HEADACHE  1 st Increases TIME of INTERCOURSE Lasting Your Sex Time 2 nd Increases SIVE and ROCKHARD Grow Length, Width of Yours 3 rd Increases SIVE AND IN A and SEX DRIVE Gain Intense Orgasms, Rock Powerful  1 st Increases SIVE and ROCKHARD 1 st Increases SIV	Sildenafil, Tadalafil (PDE-5 inhibitors) and Dapoxetine (SSRIs)	Health Canada
Triple MiracleZEN Plus	Male Sexual Performance Enhancement 1 Capsulo for 7 DAYS  MALE SEXUAL PERFORMANCE ENHANCEMENT 1 CAPSULO FOR THE OF INTERCOURSE 1 STANDARD OF THE OF INTERCOURSE 1 STA	Sildenafil, Tadalafil (PDE-5 inhibitors), Dapoxetine (SSRIs) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Trojan-X 300K	POWERD THE PROPERTY OF THE PRO	Yohimbe	Health Canada
Ultimate 3500	CONTINUE TO THE PROPERTY OF TH	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
U.S.A. Viagra	U.S.A  WAGRA  BHAIPA CIIIA  BHAIPA CIIIA  AMPRICADA  LE PRODUT EN BE AMPRICADA  LE PRODUCT EN BE AMPRICADA  LE PRODUC	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Unlabelled Slimming Products		Hydrochlorothiazi de, Propranolol and Fluoxetine (SSRIs)	Hong Kong Department of Health
Vigorous Man	100% pure natural STRONG & BEAUTY REFINED 制 好男人动用口服法 Vigorous Available Oral Solution	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
VIP Go Rhino Gold 69K	GOLD GOR GOLD GOR	Yohimbe	Health Canada
Vita-X Revitalizing Capsules Extra Strength (sleeve package)	TATE OF THE PARTY	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Vita-X Revitalizing Capsules Extra Strength (blister package)	Revitations Copyries Collabor revitationances	Sildenafil (PDE-5 inhibitor)	Health Canada
V8 Super Energy	SUPER ENERGY  SUPER ENERGY	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
White Panther Extreme 50K	WHITE PANALES.  TIME SIZE STAMINA  Capsule Upto Days	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
White Panther Triple Maximum	DAYS LONG ACTION  LONGER AND HARDER ERECTION TIME+SIZE+STAMINA MAXMAM POWER  MO HEADACHE	Yohimbe	Health Canada
XOXO Hard Rock	ACTION  ACTION	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
XPanther 9X	Panther Male Enhancement Pill	Yohimbe	Health Canada
XXLant 3000	Male Energy Enfrancer No Heatraches Enfrances Sexual Drive Fast Working  100% All Natural Harb Extract	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
7K		Yohimbe	Health Canada
777		Yohimbe	Health Canada

#### Annex B

## The possible side effects of the potent ingredients

### Alkyl nitrites

"Poppers" is a slang term for products that contain alkyl nitrites. Despite being labelled for various uses such as leather cleaners, room odourizers or liquid incense, these products are inhaled or ingested by consumers for recreational purposes. Alkyl nitrites, such as amyl nitrite, butyl nitrite and isobutyl nitrite, are prescription medicines and should be used only under medical supervision. Products containing alkyl nitrites may pose serious risks, including death, depending on the amount used, how frequently they are used and how long they are used for, as well as the person's health and the other medications they may be taking. Since it is difficult to control how much is inhaled, people can accidentally overdose. Swallowing these products can lead to serious medical complications and may be fatal.

## Ciprofloxacin

Ciprofloxacin is an antibiotic used to treat bacterial infections. It is a prescription medicine and should be used under medical supervision. Common side effects include nausea, vomiting, diarrhoea and rash. Severe side effects include an increased risk of tendon rupture, hallucinations and nerve damage.

### **Corticosteroids**

Clobetasol propionate and dexamethasone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long-term unsupervised use of steroids (including topical use where the steroid can be absorbed into the body) can cause increased blood glucose levels (which may lead to diabetes), high blood pressure, cataracts, muscular and bone disorders, an increased risk of infections and Cushing's syndrome (a round face or 'moon face' appearance and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure, especially when the product has been taken for more than a few weeks.

#### **Flibanserin**

Flibanserin was originally developed as an antidepressant. Side effects include dizziness, nausea, sense of tiredness, sleepiness and difficulty in falling asleep.

## Hydrochlorothiazide

Hydrochlorothiazide is a prescription medicine used to eliminate water and salt from the body and should be used under medical supervision. The side effects associated with its use include loss of appetite, vomiting, diarrhoea, low blood pressure, electrolyte imbalance and dehydration.

## Hydrogen Peroxide

Hydrogen peroxide is commonly used in teeth whitening products and mouth rinses. At high concentrations, however, it causes skin irritation and is harmful if swallowed. It should not be used to treat deep wounds, animal bites or serious burns. Side effects associated with its use include redness, stinging or irritation at the application site. Serious allergic reactions are rare but may be life-threatening.

## Hydroquinone

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

## Methylchloroisothiazolinone (MCI) and Methylisothiazolinone (MI)

Methylchloroisothiazolinone (MCI) and Methylisothiazolinone (MI) are used as preservatives in water-based cosmetics and personal care products, as well as in industrial products such as paints and adhesives. They can cause chemical burns and have been associated with skin allergic reactions, such as allergic contact dermatitis.

# Mercury

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

## Octamethylcyclotetrasiloxane (D4)

Octamethylcyclotetrasiloxane, also called D4, has been used in cosmetics, personal care and commercial cleaning products such as polishes and waxes. It is a chemical classified as a 'substance of very high concern' by health authorities due to its persistent, bio-accumulative and toxic nature. It is suspected of damaging fertility.

#### **Paracetamol**

Paracetamol is used for relieving pain, headache and fever. Products which contain paracetamol but do not have this declared on the label pose a danger to consumers as accidental overdose can result in liver damage.

## Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes desmethylcarbodenafil, dithiodesmethylcarbodenafil, sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

# Propranolol

Propranolol is a prescription medicine used to treat high blood pressure and should be used under medical supervision. Common side effects include diarrhoea, nausea, weakness and tiredness. The inappropriate use of propranolol without medical supervision may lead to serious side effects such as vomiting, breathing difficulty, muscle cramps or weakness and changes in blood sugar.

# **Selective Androgen Receptor Modulators (SARMs)**

Selective Androgen Receptor Modulators (SARMs) are chemicals that mimic the effects of the male hormone, testosterone. Some of these chemicals are still undergoing research and no SARMs has been approved for clinical use in humans. Using such chemicals can be dangerous as not all their side effects are known. The possible side effects may be similar to testosterone, such as insomnia, irritability, aggressive behaviour, hypertension, and impotence. Examples include Ibutamoren (MK-677), ostarine (MK 2866), testolone, and RAD-140.

### Selective Serotonin Reuptake Inhibitors (SSRIs)

Selective Serotonin Reuptake Inhibitors (SSRIs) are a class of medicines typically used to treat conditions like depression and eating disorders, and they should be used under medical supervision. They include dapoxetine and fluoxetine. The use of SSRIs has been associated with side effects including headaches, insomnia, palpitations and dizziness.

#### **Sibutramine**

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

### **Tretinoin**

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.

### Yohimbe

Yohimbine is a potent medicinal ingredient derived from yohimbe, a bark extract. Side effects associated with yohimbe include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.