



## **HSA updates on products found overseas that contain potent ingredients (October 2020)**

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in October 2020 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.


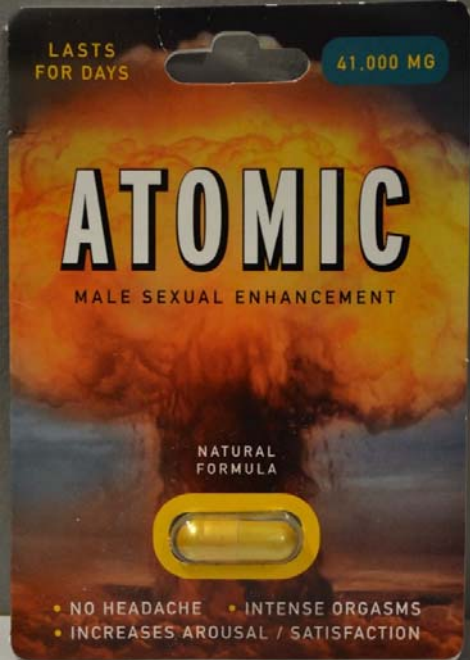
### **HSA's Advisory**



- 2 Members of the public are advised to:
  - Consult a doctor if you have consumed any of the products and are feeling unwell.
  - Avoid buying any of the products when abroad.
  - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
  - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
  - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: [hsa\\_is@hsa.gov.sg](mailto:hsa_is@hsa.gov.sg).

## Annex A



### List of Products

*Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions*

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien 2 Power Platinum 11000		Aminotadalafil (PDE-5 inhibitor)	Health Canada
Atomic 41,000 MG		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
BB Glow Soul Cream		Hydroquinone and Tretinoin	Malaysia National Pharmaceutical Agency
Beast Natural Formula 41,000mg		Sildenafil and Tadalafil (PDE-5 inhibitors)	Australia Therapeutic Goods Administration (TGA)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Beauche Clarifying Solution Deep Cleansing Agent Helps to Remove Pimple</p>		<p>Tretinoin</p>	<p>Brunei Darussalam Ministry of Health</p>
<p>Beauche Rejuvenating Cream whitening &amp; Moisturizer</p>		<p>Tretinoin</p>	<p>Brunei Darussalam Ministry of Health</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther		Yohimbe	Health Canada
Black Panther Extreme 25000		Sildenafil & Tadalafil (PDE-5 inhibitors)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther Platinum 30K		Yohimbine	Health Canada
Brilliant Skin Essentials – Whitening Facial Toner		Hydroquinone	Brunei Darussalam Ministry of Health
CARO LIGHT Lightening Oil	Not available	Clobetasol propionate	EU RAPEX (Germany)
Crystal Infinity – Pekas Cream		Tretinoin	Brunei Darussalam Ministry of Health





Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Double Diamond – Works Wonder		Sildenafil (PDE-5 inhibitor)	Health Canada
Elephant 9000		Sildenafil & Tadalafil (PDE-5 inhibitors)	Health Canada

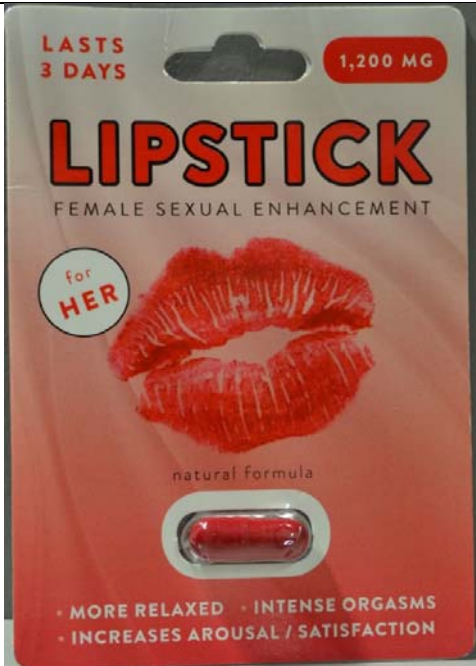

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Eruption 35000 MG		Tadalafil (PDE-5 inhibitor)	Health Canada
Gold Lion Gold Label 3000 MG		Sildenafil & Hydroxythiohomo sildenafil (PDE-5 inhibitors)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Go-Rilla Formula		Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada
H.R.D. Tablets		Sildenafil and Tadalafil (PDE-5 inhibitors)	Australia Therapeutic Goods Administration (TGA)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
INFINITY 10K Capsules		Sildenafil and Tadalafil (PDE-5 inhibitors)	Australia Therapeutic Goods Administration (TGA)
Jaguar 3000		Tadalafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lipstick 12,000 MG		Mitragnine	Health Canada
Lucky Lady		Tadalafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Master Zone 1500		Tadalafil (PDE-5 inhibitor)	Health Canada
Maximum Power Bang All Night Long		Sildenafil (PDE-5 inhibitor)	Health Canada
Maxman XI		Sildenafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration (TGA)





Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Poseidon Platinum 3500		Tadalafil (PDE-5 inhibitor)	Health Canada
Prestige – Rejuvenating Plus Cream		Hydroquinone and Tretinoin	Brunei Darussalam Ministry of Health



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Red Shoe 1,200 mg	 <p>The packaging for Red Shoe is black with a large red high-heeled shoe graphic. It features a gold seal that says 'FOR HER', a red pill in a blister pack, and the text 'RED SHOE FEMALE SEXUAL ENHANCEMENT'. It also states 'LASTS 3 DAYS' and lists benefits: 'more relaxed', 'intense orgasms', and 'increases arousal / satisfaction'.</p>	Mitragnine	Health Canada
ResERECTION	 <p>The packaging for ResERECTION is yellow and red, featuring a red pill in a blister pack and a ruler graphic. It says 'All Natural', 'THE ULTIMATE IN SEXUAL ENHANCEMENT FOR MEN', and 'MALE HERBAL SEXUAL PERFORMANCE SUPPLEMENT'.</p>	Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino	 <p>The packaging for Rhino is brown and black, featuring a green pill in a blister pack and a rhino silhouette. It says 'Sexual Enhancement', 'Male Herbal', 'All Natural', and 'RHINO SEXUAL PERFORMANCE SUPPLEMENT'.</p>	Aminotadalafil (PDE-5 inhibitor)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 15 Gum		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor) & Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 5000		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 25 Platinum 35000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Platinum 15000		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Platinum 35000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 25 Titanium 200K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rush		Isobutanol	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SCORPION Natural Formula 41,000mg		Dapoxetine and Tadalafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration (TGA)

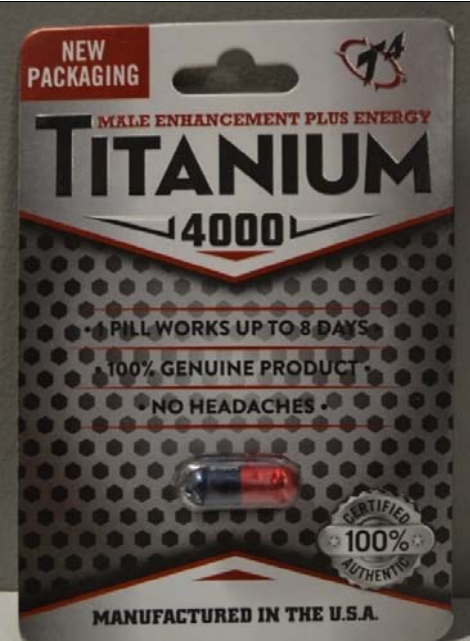
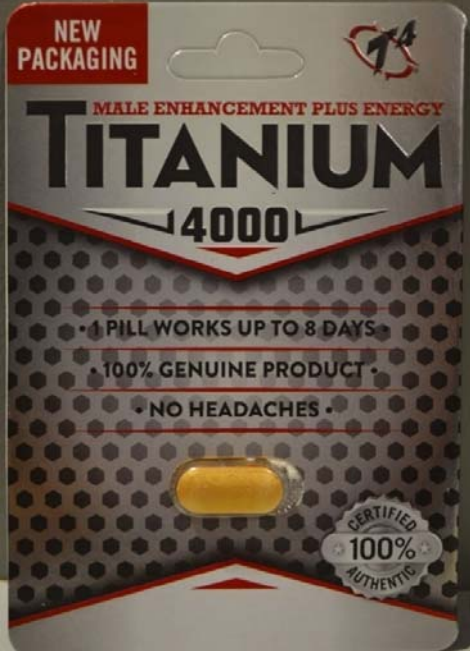


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Skin Reborn Essentials Facial Solution Deep Cleanser (for night only)</p>		<p>Tretinoin</p>	<p>Brunei Darussalam Ministry of Health</p>
<p>Skin Reborn Essentials Rejuvenating Cream Whitening &amp; Moisturiser (Night Cream)</p>		<p>Tretinoin</p>	<p>Brunei Darussalam Ministry of Health</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Slam 29,000 MG		Tadalafil (PDE-5 inhibitor)	Health Canada
SL Angel		Tretinoin	Brunei Darussalam Ministry of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SL Blossom		Tretinoin	Brunei Darussalam Ministry of Health
Spanish Fly 20,000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 22,000	 The image shows the packaging for Spanish Fly 22,000. It is a shield-shaped blister pack with a red and black design. The text 'TIME + SIZE + STAMINA' is at the top. The product name 'Spanish Fly' is in large, stylized green letters. Below it, '22,000' is written in red. There are two circular seals: one on the left says '100% GUARANTEED' and one on the right says '14 PRELIMINARY DAYS'. Two purple capsules are visible in the blister pack.	Tadalafil (PDE-5 inhibitor)	Health Canada
SSII Treatment Cream	 The image shows two jars of SSII Treatment Cream. The jars are silver with black lids. The text 'SSII TREATMENT CREAM' and '7gm' is visible on the jars.	Hydroquinone and Tretinoin	Brunei Darussalam Ministry of Health
Super Panther 7K	 The image shows the packaging for Super Panther 7K. It is a blister pack with a black and blue design. The text 'SUPER PANTHER 7K' is at the top. Below it, '7 DAYS LONG ACTION' is written in red. There is a 'NEW IMPROVED FORMULA' starburst. The text 'LONGER AND HARDER ERECTION' is on the left, and 'FAST & LONG LASTING' is on the right. At the bottom, 'TIME+SIZE+STAMINA' is written in large letters. There is a circular seal on the bottom left that says '#1 ALL NATURAL FORMULA EXCLUSIVELY DESIGNED FOR MAXIMALLY ACTIVE MEN - NO CHEMICALS'. A blue capsule is visible in the blister pack. The text 'MAXIMUM POWER' and 'NO HEADACHE' are also present.	Yohimbine	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000		Sildenafil & Tadalafil (PDE-5 inhibitors)	Health Canada
Titanium 4000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Wild Bull Gold Extreme		Sildenafil, Tadalafil (PDE-5 inhibitors) & Testosterone propionate	Health Canada
YongGang Tablets		Sildenafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration (TGA)



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
3800 Hard Rock		Yohimbe	Health Canada

## **Annex B**

### **The possible side effects of the potent ingredients**

#### **Clobetasol propionate**

Clobetasol propionate is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Common side effects include skin irritation, pimples, redness and dry skin. Long term use without medical supervision can cause an increased risk of infections, allergic reactions and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

#### **Dapoxetine**

Dapoxetine is a prescription medicine used to treat conditions including depression and eating disorders, and it should be used under medical supervision. The use of dapoxetine has been associated with side effects including headaches, insomnia, palpitations and dizziness.

#### **Hydroquinone**

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

#### **Isobutanol**

Isobutanol is a hazardous chemical used as solvents, cleaning agents, lubricants or disinfectants for industrial purposes. It may be harmful if swallowed or come in contact with the skin. Exposure to isobutanol vapours may cause central nervous system (CNS) depression, drowsiness and dizziness.

#### **Mitragynine**

Mitragynine is an alkaloid of Kratom or *Mitragyna speciosa*. The use of kratom (mitragynine) has been associated with respiratory depression or decreased breathing, seizure, addiction and psychosis. Other side effects include high heart rate and blood pressure, trouble sleeping, and liver toxicity. When use is stopped, withdrawal symptoms may occur. Deaths have been reported with kratom both by itself and mixed with other substances.

#### **Phosphodiesterase Type 5 (PDE-5) inhibitors**

This class of medicine includes aminotadalafil, hydroxythiohomosildenafil, sildenafil, tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is

not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

### **Testosterone propionate**

Testosterone compounds are synthetic derivatives of the naturally occurring testosterone, a hormone that is responsible for the development and maintenance of male attributes. Use of testosterone without medical supervision can cause dangerous or irreversible effects. Testosterone can lead to serious problems with the heart, brain, liver, kidney, endocrine, and cause mental health problems.

### **Tretinoin**

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.

### **Yohimbe / Yohimbine**

Yohimbine is a potent medicinal ingredient derived from yohimbe, a bark extract. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.