



HSA updates on products found overseas that contain potent ingredients (February 2021)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in February 2021 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.

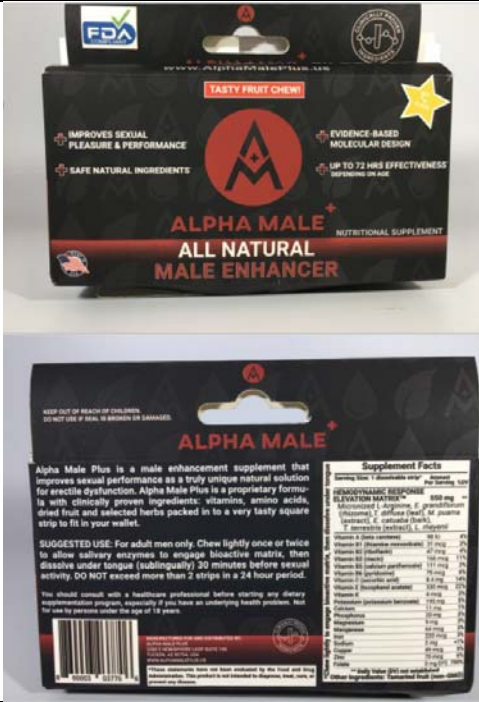

- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A



List of Products


Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Adam's Secret Extra Strength 1500		Sildenafil and/or Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration
Adam's Secret Extra Strength 3000		Sildenafil and/or Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alpha Male Plus		Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Amsterdam		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Amsterdam Platinum		Alkyl nitrites	Health Canada
Blue Boy		Alkyl nitrites	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Burro Power 300K		Tadalafil (PDE-5 inhibitor)	Health Canada
Gold Rush		Isobutyl nitrite	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Handreiniger Citrus Duft (bzw. Citrus Power) Handwash</p>		<p>Lead</p>	<p>EU RAPEX (Germany)</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Heavy Duty Bolt		Isobutyl nitrite	Health Canada
Henna Vals Indian Henna For Hair		Boron	EU RAPEX (Germany)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
			
Iron Horse		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice		Alkyl nitrites	Health Canada
Jungle Juice Platinum Black		Alkyl nitrites	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kangaroo Ultra 3000		Flibanserin	Health Canada
Libi Prince		Yohimbe	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Locker Room Original		Isobutyl nitrite	Health Canada
Magnum XXL 50K		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Magnum XXL HIS&HER 250K</p>		<p>Sildenafil, Tadalafil (PDE-5 inhibitors) and Yohimbine</p>	<p>Health Canada</p>
<p>Passion Classic</p>		<p>Yohimbe</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Pink Pussycat</p>		<p>Hydroxythiohomo sildenafil</p>	<p>Health Canada</p>
<p>Poseidon Platinum</p>		<p>Sildenafil and Tadalafil (PDE-5 inhibitors)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Poseidon Platinum 3500		Sildenafil (PDE-5 inhibitor)	Health Canada
Power MAX Revolution		Sildenafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Power Panther	 <p>The image shows the packaging for 'Power Panther' male enhancement pills. It features a close-up of a white panther's face with striking blue eyes. The product name 'POWER PANTHER' is written in a stylized, metallic font at the top. Below the panther's face is a single blue, oval-shaped pill. At the bottom, it says 'MALE ENHANCEMENT PILL'. There are also some smaller logos and text, including a '#1' in a circle and a 'U' logo.</p>	Yohimbe	Health Canada
Racing Bull 150K	 <p>The image shows the packaging for 'Racing Bull 150K' capsules. It features a red bull in a dynamic, racing pose against a dark background. The text 'RACING BULL' is prominent in a bold, metallic font. Above it, 'THE POWER' and '150K' are visible. Below the bull, it says 'TIME SIZE STAMINA'. At the bottom, there is a red, oval-shaped capsule. Other text includes '1 Capsule for 7 Days' and 'NO HEADACHE'. A 'High Quality' seal is also present.</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
ResErection		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Resurrection Male Sexual Enhancement Capsules</p>	 <p>The top image shows a white plastic bottle with a black cap. The label features a large black cross on a blue background with the word 'RESURRECTION' in white. Below the cross, it says 'MALE SEXUAL ENHANCEMENT' and lists benefits: 'NO HEADACHE • INTENSE ORGASMS' and 'INCREASES AROUSAL / SATISFACTION'. A yellow sticker on the bottle indicates '43,000 MG' and 'MONTH SUPPLY 12 UNITS'.</p> <p>The bottom image shows a box with a similar design. It features a glowing cross and the text 'LASTS FOR DAYS' in the top left, '43,000 MG' in a yellow circle in the top right, and 'RESURRECTION MALE SEXUAL ENHANCEMENT' in the center. Below the product name, it says 'NATURAL FORMULA' and shows a yellow capsule. The same benefits are listed at the bottom.</p>	<p>Sildenafil, Tadalafil (PDE-5 inhibitors) and Dipyrone</p>	<p>Australia Therapeutic Goods Administration</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 25K		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino 11 Platinum 200K		Tadalafil (PDE-5 inhibitor)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 12 Platinum 150K		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 15VL Fruit		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 15VL Mint		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Extreme 35000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Rhino Magnum XXL 100K</p>		<p>Sildenafil and Tadalafil (PDE-5 inhibitors)</p>	<p>Health Canada</p>
<p>Rising Phoenix</p>		<p>Yohimbe</p>	<p>Health Canada</p>


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rodeo Fantasy		Yohimbe	Health Canada
Rush		Isobutyl nitrite	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Shark 5K		Yohimbe	Health Canada
Shiva Gold		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Sislin 10 Krasne Capsules</p>	 <p>The top image shows the front of the product box and a blister pack. The box is white with a colorful graphic of overlapping geometric shapes in shades of red, orange, yellow, and green. The text on the box reads 'Sislin 10 KRASNE' and 'Carb blocker & Metabolism booster 10 days capsule'. The blister pack contains ten yellow capsules.</p> <p>The bottom image shows the back of the box with the following text:</p> <p>Sislin10 KRASNE is a natural fat loss supplement when you combined with Shaper (corset) will give you perfect body shape.</p> <ul style="list-style-type: none"> ■ PROMOTE HEALTHY WEIGHT LOSS ■ INCREASE METABOLISM ■ BOOST ENERGY & ENDURANCE ■ SUSTAINED ENERGY & FOCUS ■ 5KG - 6KG WEIGHT LOSS WITHIN 10DAYS <p>Directions: Take 1 (one) in the morning, 1 hour before breakfast.</p> <p>Storage: Keep in a dry place below 30. Protect from light and moisture.</p> <p>Ingredients: Indian Cactus extract, Gymnema Sylvestre extract, Chitin, Ginger / Black Ginger extract, Lotus Leaf extract, Cinnamon extract, Bitter Melon extract, Green Coffee Bean extract, Garcinia Cambogia extract.</p> <p>Price: RM120 West Malaysia RM130 East Malaysia</p> <p>MFG: 1 JAN 2020 EXP: 1 JAN 2022</p>	<p>Sibutramine</p>	<p>Brunei Darussalam, Ministry of Health</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 150,000		Tadalafil (PDE-5 inhibitor)	Health Canada
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Black Panther		Tadalafil (PDE-5 inhibitor)	Health Canada
Super Mamba		Yohimbe	Health Canada




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Super Rush Original – Black Label Poppers</p>		<p>Isobutyl nitrite</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Rush Red		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Titanium 12K		Tadalafil (PDE-5 inhibitor) and Dapoxetine	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>TNT Premium</p>		<p>Yohimbe</p>	<p>Health Canada</p>
<p>Ultra Hurricane X 2000</p>		<p>Sildenafil (PDE-5 inhibitor) and Yohimbine</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Urinary Pain Relief Tablets	 	Dexamethasone, Betamethasone (Corticosteroids) & Chlorpheniramine	Brunei Darussalam, Ministry of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)																																													
	 <p>成份/ INGREDIENTS: Each 400 mg tablet contains extracts equivalent to raw herbs:</p> <table border="0"> <tr><td>丹 参</td><td>Radix Salviae Miltiorrhizae</td><td>144 mg</td></tr> <tr><td>红 花</td><td>Flos Carthami</td><td>144 mg</td></tr> <tr><td>泽 泻</td><td>Rhizoma Alismatis</td><td>144 mg</td></tr> <tr><td>王不留行</td><td>Semen Vaccariae</td><td>144 mg</td></tr> <tr><td>败 酱 草</td><td>Herba Patriniae cum Radice</td><td>240 mg</td></tr> <tr><td>桃 仁</td><td>Semen Persicae</td><td>48 mg</td></tr> <tr><td>赤 芍</td><td>Radix Paeoniae Rubra</td><td>48 mg</td></tr> <tr><td>地 龙</td><td>Pheretima</td><td>48 mg</td></tr> <tr><td>白 芷</td><td>Radix Angelicae Dahuricae</td><td>96 mg</td></tr> <tr><td>泽 兰</td><td>Herba Lycopi</td><td>48 mg</td></tr> <tr><td>虎 杖</td><td>Rhizoma Polygoni Cuspidati</td><td>96 mg</td></tr> <tr><td>葛 根</td><td>Herba Polygoni Avicularis</td><td>96 mg</td></tr> <tr><td>陈 皮</td><td>Pericarpium Citri Reticulatae</td><td>96 mg</td></tr> <tr><td>川 楝 子</td><td>Fructus Toosendan</td><td>96 mg</td></tr> <tr><td>小 茴 香 (盐 制)</td><td>Fructus Foeniculi Preparata</td><td>96 mg</td></tr> </table> <p>MANUFACTURED BY: GMP CERTIFIED  鍾炎潮私人有限公司 TONG JUM CHEW PTE LTD 21 Kaki Bukit View Tech Park II Singapore 415957 Tel: 6278 1134 Fax: 6278 1246 Singapore Manufacturer Licence No. MLCP 0400040 Singapore CPM Product Reference No. 115168</p>	丹 参	Radix Salviae Miltiorrhizae	144 mg	红 花	Flos Carthami	144 mg	泽 泻	Rhizoma Alismatis	144 mg	王不留行	Semen Vaccariae	144 mg	败 酱 草	Herba Patriniae cum Radice	240 mg	桃 仁	Semen Persicae	48 mg	赤 芍	Radix Paeoniae Rubra	48 mg	地 龙	Pheretima	48 mg	白 芷	Radix Angelicae Dahuricae	96 mg	泽 兰	Herba Lycopi	48 mg	虎 杖	Rhizoma Polygoni Cuspidati	96 mg	葛 根	Herba Polygoni Avicularis	96 mg	陈 皮	Pericarpium Citri Reticulatae	96 mg	川 楝 子	Fructus Toosendan	96 mg	小 茴 香 (盐 制)	Fructus Foeniculi Preparata	96 mg		
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White Mamba		Yohimbe	Health Canada																																													

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
X Panther 9X		Yohimbe	Health Canada
777K		Yohimbe	Health Canada

Annex B

The possible side effects of the potent ingredients

Alkyl nitrites

"Poppers" is a slang term for products that contain alkyl nitrites. Despite being labelled for various uses such as leather cleaners, room odourizers or liquid incense, these products are inhaled or ingested by consumers for recreational purposes. Alkyl nitrites, such as amyl nitrite, butyl nitrite and isobutyl nitrite, are prescription medicines and should be used only under medical supervision. Products containing alkyl nitrites may pose serious risks, including death, depending on the amount used, how frequently they are used and how long they are used for, as well as the person's health and the other medications they may be taking. Since it is difficult to control how much is inhaled, people can accidentally overdose. Swallowing these products can lead to serious medical complications and may be fatal.

Boron

Boron is a non-metallic and naturally-occurring element. When ingested or come in contact with excessive quantity of boron can lead to side effects such as nausea, vomiting, skin redness, difficulty in swallowing due to ulcers in throat and diarrhoea.

Chlorpheniramine

Chlorpheniramine is an antihistamine used to relieve allergic reactions such as hives and rhinitis. It should be used under medical supervision by a pharmacist or doctor. Side effects from the use of chlorpheniramine include drowsiness, blurred vision, vomiting, constipation and poor coordination.

Corticosteroids

Betamethasone and dexamethasone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long-term unsupervised use of steroids (including topical use where the steroid can be absorbed into the body) can cause increased blood glucose levels (which may lead to diabetes), high blood pressure, cataracts, muscular and bone disorders, an increased risk of infections and Cushing's syndrome (a round face or 'moon face' appearance and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure, especially when the product has been taken for more than a few weeks.

Dapoxetine

Dapoxetine is a prescription medicine used to treat conditions including depression and eating disorders, and it should be used under medical supervision. The use of dapoxetine has been associated with side effects including headaches, insomnia, palpitations and dizziness.

Dipyron

Dipyron is an analgesic which has anti-inflammatory effects. Its use, however, has been prohibited due to its potential to cause serious side effects such as blood-related toxicities, anaphylaxis and toxic epidermal necrolysis.

Flibanserin

Flibanserin was originally developed as an antidepressant. Side effects include dizziness, nausea, sense of tiredness, sleepiness and difficulty in falling asleep.

Lead

Lead is a toxic substance and poisoning can occur when it builds up in the body, often over months or years. It can cause long-term harm including kidney damage and increased risk of high blood pressure.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes hydroxythiohomosildenafil, sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

Yohimbe or Yohimbine

Yohimbine is a potent medicinal ingredient derived from yohimbe, a bark extract. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.