



HSA updates on products found overseas that contain potent ingredients (July 2022)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in July 2022 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

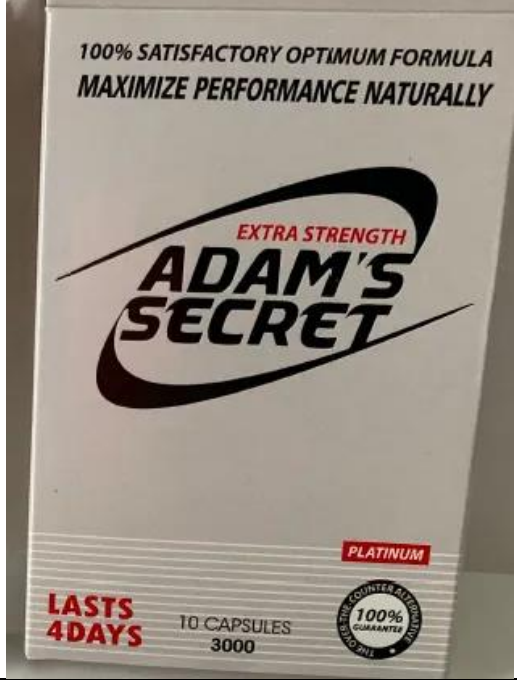
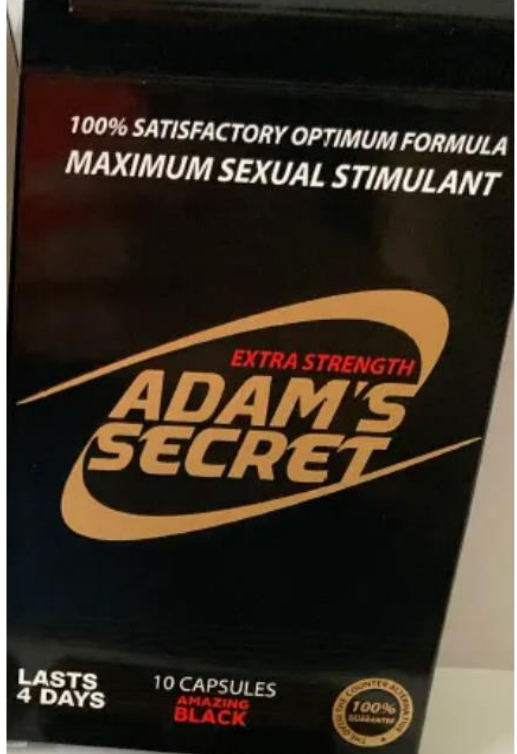
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.

- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A


List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Adam's Secret Extra Strength 3000 Platinum (White Packaging)</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>United States Food and Drug Administration</p>
<p>Adam's Secret Extra Strength Amazing Black</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>United States Food and Drug Administration</p>


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Adam's Secret Extra Strength Blue		Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Adam's Secret Extra Strength Purple		Sildenafil and Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000		Tadalafil (PDE-5 inhibitor)	Health Canada
Amsterdam		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Artri Ajo King Reforzado con Ortiga y Omega 3, 500mg tablets	NA	Diclofenac	United States Food and Drug Administration
Artri King Reforzado con Ortiga y Omega 3, 500 mg tablets	NA	Diclofenac	United States Food and Drug Administration
BIELA BEAUTY GLOWING NIGHT CREAM		Mercury	Malaysia National Pharmaceutical Regulatory Agency
BL SKINCARE DAY CREAM 1		Hydroquinone and Tretinoin	Malaysia National Pharmaceutical Regulatory Agency
BL SKINCARE DAY CREAM 2		Mercury	Malaysia National Pharmaceutical Regulatory Agency
BL SKINCARE NIGHT CREAM		Mercury	Malaysia National Pharmaceutical Regulatory Agency



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther #1		Yohimbe	Health Canada
Black Panther #1 (3 pack)		Yohimbe	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Black Panther Platinum 30K</p>		<p>Yohimbe</p>	<p>Health Canada</p>
<p>Blue Boy Original</p>		<p>Isobutyl nitrite</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dose Vital Royal Honey VIP Honey (Vital Honey)	NA	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Double Scorpio Emerald		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dr. Reade Slim Sense		Lorcaserin	United States Food and Drug Administration
English Royale		Isobutyl nitrite	Health Canada
Etumax Royal Honey for Him and Dose Vital Honey for Men	NA	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Gold Label Amsterdam		Isobutyl nitrite	Health Canada
Gold Rush		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Honeymoon Exclusive For Men & Women</p>		<p>Sildenafil and Tadalafil (PDE-5 inhibitors)</p>	<p>United States Food and Drug Administration</p>
<p>Increasing Delay</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Infinity 10K		Yohimbe	Health Canada
Jaguar 25000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jaguar 30000		Tadalafil (PDE-5 inhibitor)	Health Canada
Japan Tengsu		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Max		Isobutyl nitrite	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Platinum		Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kangaroo Ultra 3000		Sildenafil (PDE-5 inhibitor)	Health Canada
Kingdom Honey Royal Honey VIP		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lipopastilla + Gold Max		Phenolphthalein and Sibutramine	United States Food and Drug Administration
Lucky Lady		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Maca	 <p>The image shows a gold-colored blister pack for Maca. At the top, there is a red banner with the Chinese characters '原裝' (Original) and '正品' (Authentic). Below this is a circular logo with a plant. The main text in large red characters reads '黄金玛卡' (Golden Maca) and 'MACA' in black. A red banner below contains the Chinese text '力补精元 · 壮腰强肾' (Strengthens essence and kidney). At the bottom, it says '19800mgx12粒' (19800mg x 12 tablets) and '美国辉腾生物科技有限公司监制' (Supervised by American Huiteng Biotechnology Co., Ltd.).</p>	Sildenafil (PDE-5 inhibitor)	Health Canada
Magnum Gold 24K	 <p>The image shows a blister pack for Magnum Gold 24K. The top part is yellow and black with the text 'NO SIDE EFFECT! NO HEADACHE!' and '24K'. The main text is 'MAGNUM GOLD' in large, bold letters, with 'MALE SEXUAL ENHANCEMENT' written below it. A red box contains the text 'FAST ACTING LONG LASTING'. Below this, there are four bullet points: 'Prostate Improvement', 'Increases TIME of INTERCOURSE', 'Increases SIZE and HARDNESS', and 'Increases STAMINA and SEX DRIVE'. At the bottom, it says '3 Extreme Stamina Time Size' and 'Capsule for 7 DAYS'. A gold seal at the bottom right says '100% NATURAL'. The bottom text reads '100% Natural Herbal Extract'.</p>	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Magnum Male Sexual Enhancement XXL 1000K</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>Magnum XXL 9800</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Master Zone 1500 (Blue)		Tadalafil (PDE-5 inhibitor)	Health Canada
MyoBlox Skywalk Purple Haze		Levodopa	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MyoBlox Skywalk Peach Rings		Levodopa	Health Canada
MyoBlox Skywalk Red Wave		Levodopa	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Ortiga Mas Ajo Rey Reforzado con Omega 3, 6 y 9, 500 mg c/u tablets and 400 mg c/u capsules</p>		<p>Diclofenac</p>	<p>United States Food and Drug Administration</p>
<p>Passion Classic</p>		<p>Yohimbe</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pig Sweat		Isobutyl nitrite	Health Canada
Pink Pussycat		Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Platinum Rhino Love 2000		Yohimbe	Health Canada
Platinum ZEN69 96000		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Plus Imperial Love 22000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Poseidon Platinum		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Power Panther	 <p>The image shows the packaging for 'Power Panther' male enhancement pills. It features a white lion's face with blue eyes. The text 'POWER PANTHER' is at the top in a stylized font. Below the lion's face is a blue pill. At the bottom, it says 'MALE ENHANCEMENT PILL'. There are also some smaller logos and text, including '#1' and 'GENUINE PRODUCT'.</p>	Yohimbe	Health Canada
Premier Love Platinum 22000	 <p>The image shows the packaging for 'Premier Love Platinum 22000' capsules. It features a condom and a capsule. The text 'Premier LOVE 22000' is prominent. Below that, it says 'Climax Control Cream Condom FDA Approved' and '1 Capsule for 5 Day'. There is also a 'SPECIAL CONDOM' label and a '100%' seal. At the bottom, it says 'WARNING: Beware of counterfeit products'.</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Recharged Blue Rhino 79 Extreme 188K</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>Red Diamond Viagra</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Red Mamba	 <p>The image shows the packaging for Red Mamba Male Enhancement Pill. The packaging is red and features a couple in a romantic embrace. Text on the packaging includes "#1", "ORIGINAL", "RED MAMBA™", and "MALE ENHANCEMENT PILL". There is a large brown rectangular redaction box covering the central part of the image.</p>	Yohimbe	Health Canada
ResErection!	 <p>The image shows the packaging for ResErection! Male Herbal Sexual Performance Supplement. The packaging is yellow and red, featuring a red pill in a blister pack. Text on the packaging includes "All Natural", "ResErection!", and "MALE HERBAL SEXUAL PERFORMANCE SUPPLEMENT". A ruler is visible at the bottom of the packaging.</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
ResErection! (Bottle)		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino		Aminotadalafil (PDE-5 inhibitor)	Health Canada


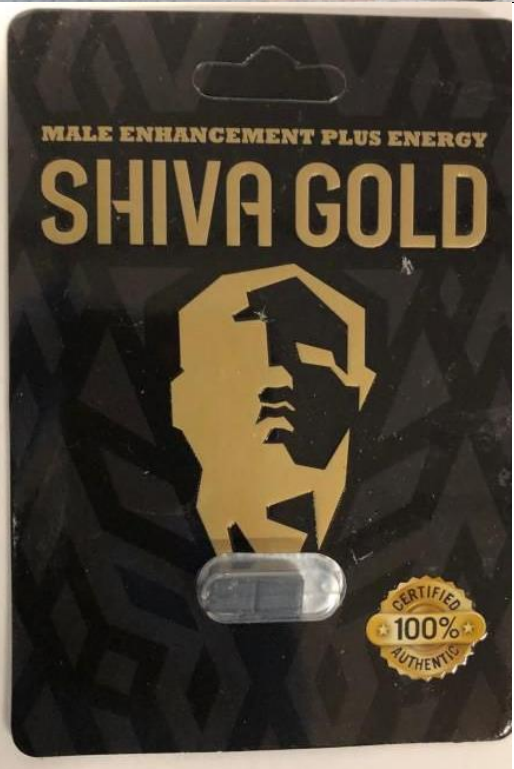
Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Rhino 8 Supreme 500K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rising Phoenix 5K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rochefort		Isobutyl Nitrite	Health Canada
Roselisa Elite Eyelash Serum	N.A.	Bimatoprost	Health Canada
Royal Honey For Hlm	N.A.	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Original		Isobutyl Nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Power Pak		Isobutyl Nitrite	Health Canada
Secret Miracle Royal Honey for Her	NA	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sexy Lady		Sildenafil, Tadalafil (PDE-5 inhibitors) and Yohimbe	Health Canada
Shiva Gold		Tadalafil (PDE-5 inhibitor)	Health Canada

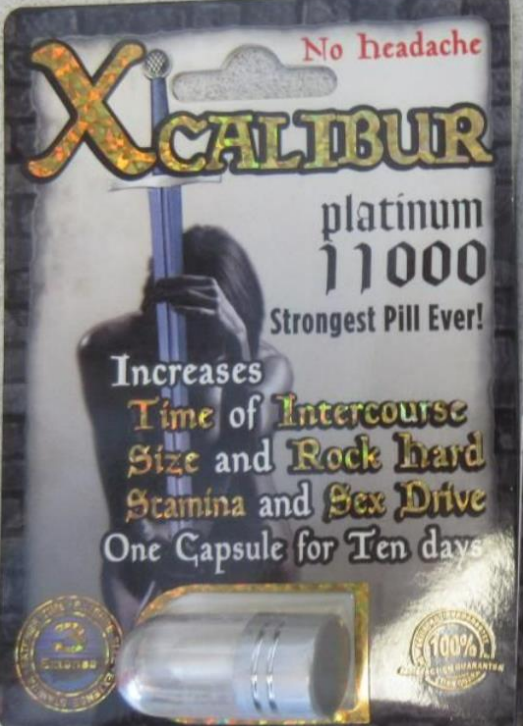
Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 20,000		Tadalafil (PDE-5 inhibitor)	Health Canada
Spanish Fly 22000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Super Mamba Triple Maximum		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Panther 7K		Yohimbe	Health Canada
Super Panther 500K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sustango		Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Swiss Navy Daily Supplement for Sexual Health		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Twin Rhino 69 Power 500K+		Yohimbe	Health Canada
USA Black Gold		Sildenafil (PDE-5 inhibitor)	Health Canada
V Slim Herbal		Sibutramine and Spironolactone	Hong Kong Department of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
VIP Go Rhino		Yohimbe	Health Canada
Xcalibur Platinum 11000		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
X Panther 9X		Yohimbe	Health Canada
X RATED HONEY FOR MEN	NA	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
777K		Yohimbe	Health Canada

Annex B

The possible side effects of the potent ingredients

Bimatoprost

Bimatoprost is a medicine used to lower the intraocular pressure of the eye in glaucoma. It should be used under medical supervision as it can cause side effects such as blurred vision, eye irritation, darkened eyelid skin, iris colour change, eye inflammation and macular oedema and hyperemia.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Hydroquinone

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

Isobutyl nitrite

Isobutyl nitrite is an alkyl nitrite which is often inhaled or ingested by consumers for recreational purposes, despite being labelled for various uses such as leather cleaners, room odourisers or liquid incense. Overdosage or serious medical complications, sometimes resulting in death, can occur when it is used without medical supervision.

Levodopa

Levodopa or L-Dopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Lorcaserin

Lorcaserin is a prescription medicine that was discontinued in the United States in 2020 due to an increased risk of cancer detected in users. Lorcaserin can also cause cardiovascular side effects such as decreased heart rate and heart valve disorder. At high doses, users can develop psychiatric dependences on the drug.

Mercury

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

Phenolphthalein

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes aminotadalafil, hydroxythiohomosildenafil, sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

Spirolactone

Spirolactone is a medicine used to treat hyperaldosteronism (a disorder in which the adrenal gland releases too much of hormone aldosterone into the blood), low potassium levels, fluid retention, heart failure and high blood pressure. It should be used under medical supervision as hypersensitivity reactions, such as skin rashes and urticaria, may occur with the use of spironolactone. Severe skin reactions, such as Stevens-Johnson syndrome and toxic epidermal necrolysis, have been reported with spironolactone therapy.

Tretinoin

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.

Yohimbe

Yohimbe is a bark extract from which a potent medicinal ingredient, Yohimbine, is derived. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.