

HSA updates on products found overseas that contain potent ingredients (July 2022)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in July 2022 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit https://www.hsa.gov.sg/consumer-safety/ to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Adam's Secret Extra Strength 3000 Platinum (White Packaging)	100% SATISFACTORY OPTIMUM FORMULA MAXIMIZE PERFORMANCE NATURALLY EXTRA STRENGTH ADAM'S SECRET LASTS 4DAYS 10 CAPSULES 3000	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Adam's Secret Extra Strength Amazing Black	100% SATISFACTORY OPTIMUM FORMULA MAXIMUM SEXUAL STIMULANT EXTRA STRENGTH ADAM'S SECRET LASTS 4 DAYS 10 CAPSULES AMAZING BLACK 10 CAPSULES AMAZING BLACK	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Adam's Secret Extra Strength Blue	100% SATISFACTORY OPTIMUM FORMULANT MAXIMUM SEXUAL STIMULANT EXTRA STRENGTH ADAM'S SECRET New Column DAYS PARAMA TIME 10 CAPSULES 100% PARAMA PARAM	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Adam's Secret Extra Strength Purple	100% SATISFACTORY OPTIMUM FORMULA MAXIMIZE PERFORMANCE NATURALLY EXTRA STRENGTH ADAM'S SECRET LASTS 4DAYS 10 CAPSULES Purple	Sildenafil and Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000	Platinum 11000 TW Ready to Get the Power of Alien STAMINA HEADACHE	Tadalafil (PDE-5 inhibitor)	Health Canada
Amsterdam	AMSTERDAM FIRST 10 cc	Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Artri Ajo King Reforzado con Ortiga y Omega 3, 500mg tablets	NA	Diclofenac	United States Food and Drug Administration
Artri King Reforzado con Ortiga y Omega 3, 500 mg tablets	NA	Diclofenac	United States Food and Drug Administration
BIELA BEAUTY GLOWING NIGHT CREAM	THE RESIDENCE OF THE PARTY OF T	Mercury	Malaysia National Pharmaceutical Regulatory Agency
BL SKINCARE DAY CREAM 1	Beautiful Bus of 12 22 22 22 22 22 22 22 22 22 22 22 22	Hydroquinone and Tretinoin	Malaysia National Pharmaceutical Regulatory Agency
BL SKINCARE DAY CREAM 2	Beautiful 3 BY MYSEAT REPORTED DAY CREAM 2 10 grand NETTHERANS EVERTHERANS	Mercury	Malaysia National Pharmaceutical Regulatory Agency
BL SKINCARE NIGHT CREAM	Beautiful 8 11. MISA PUNT IN ELEMENTO SE MIGHT CREAM 3 grams ANTIFUSSMAR	Mercury	Malaysia National Pharmaceutical Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther #1	PANTHER DAYS LONG ACTION LONG HARDER HARDER FREETION TIME+SIZIE+STANDA MAXIMUM FOWER NO HEAD	Yohimbe	Health Canada
Black Panther #1 (3 pack)	BLACI PANTHERM DAYS LONG ACTION LAND HARDER HARDE	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther Platinum 30K	BLACK PANTHERL SIZE SIZE STAMINA CO CONTROL DAYS	Yohimbe	Health Canada
Blue Boy Original	SOLVENT CLEANER WARNING THE FATAL FORMAL LONG SEVER EYE IRRITAND SEVER	Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dose Vital Royal Honey VIP Honey (Vital Honey)	NA	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Double Scorpio Emerald	DODDING EMERALD 10 ml	Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dr. Reade Slim Sense	SLIM SENSE Clinically proven fat burner for healthy and safe weight loss. KETO DIET MANUSCRIBED IN A COMPP	Lorcaserin	United States Food and Drug Administration
English Royale	THE ORIGINAL UK SENSAFION ENGLISH ROY/AL Tomi (:34 fl. oz)	Isobutyl nitrite	Health Canada
Etumax Royal Honey for Him and Dose Vital Honey for Men	NA	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Gold Label Amsterdam	GOLD LABEL AMSTERDAN SOLVENT CLEANER Cont: .34 fl. oz. / 10ml	Isobutyl nitrite	Health Canada
Gold Rush	NEVER AND REVERSE EYE IRINAL AND SEVERE EYE IRINAL GRIGINAL GRIGIN	Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Honeymoon Exclusive For Men & Women	HONEYMON HONEYMON For Men & Women Kissing of side-to reviews period Missing of the to reviews period Missing of the total of the total Missing of the total of the total of the total Missing of the total of the total Missing of the total of the total of the total Missing of the total of the	Sildenafil and Tadalafil (PDE-5 inhibitors)	United States Food and Drug Administration
Increasing Delay	中東紀野・〇草本精華 ○提升性功能 中東紀野・〇草本精華 ○提升性功能 一	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Infinity 10K	Premium Energy Supplement	Yohimbe	Health Canada
Jaguar 25000	HEADACHE Satisfaction Cuaranteed 225000 MALE SEXUAL PERFORMANCE ENHANCEMENT 1003 RATURAL PROPERTY OF THE ADACHE SIDENEFACUS	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jaguar 30000	HEADACHE Satisfaction Government Source States Stat	Tadalafil (PDE-5 inhibitor)	Health Canada
Japan Tengsu	MADE IN JAPAN NDC-0068-5589-8 日本騰素 ニオントウソ JAPAN TENGSU Applicable To:People suffering with impotence, premature ejaculation, or poor sexual life, or poorerection 大変	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Max	THE ORIGINAL WILLIAM REPRESENTATION OF THE PROPERTY AND T	Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Platinum	JUNGLE JUICE PLATINUM THE ORIGINAL STRENGTH CLEANER Cont: 10 ml	Isobutyl nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kangaroo Ultra 3000	MORE RELAXED MORE SENSITIVITY MORE ORGASMS MORE VAGINAL LUBRICATION LUCKY TO BE A WOMAN 18-	Sildenafil (PDE-5 inhibitor)	Health Canada
Kingdom Honey Royal Honey VIP	Royal Honey Labor THE ULTIMATE POWER SOURCE NET WEIGHT 1.20g x 12 Sachets	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lipopastilla + Gold Max	PASTILIA GOLD MAX. 100% Natural 100% Natural 250 mg x	Phenolphthalein and Sibutramine	United States Food and Drug Administration
Lucky Lady	Tendore Service Servic	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Maca	原正 品	Sildenafil (PDE-5 inhibitor)	Health Canada
Magnum Gold 24K	MAGNUM MAGNUM MAGNUM MALE SOLIAL ENRANGEMENT GOLD PAST ACTING LONG LASTING Prostate Improvement Increases TIME of INTERCOURSE Increases SIZE and HARDNESS Increases STAMINA and SEX DRIVE Capsule for DAYS TOO'S Natural Herbal Extract	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum Male Sexual Enhancement XXL 1000K	NO SIDE EFFECT! NO HEADACHE! MALE SEXUAL ENHANCEMENT XXL FAST ACTING LONG LASTING Prostate Imp. Increases Time of INTERCOURSE Increases SIZE and ROCK HARD Increases STAMINA and SEX DRIVE Capsule for 7 DAYS 100% natural Herbal Extract	Sildenafil (PDE-5 inhibitor)	Health Canada
Magnum XXL 9800	Prostate Improvement Increases TIME of INTERCOURSE Increases STAMINA and SEX DRIVE 1 Capsule for 7 DAYS 100% Natural Herbal Extract	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Master Zone 1500 (Blue)	MASTER ZONE Male Sexual Reformance Enhancement SIZE TIME STAMINA Fast Action 100%	Tadalafil (PDE-5 inhibitor)	Health Canada
MyoBlox Skywalk Purple Haze	MyoBlox MyoBlox SIMPLE DESCRIPTION A BHARFNERS	Levodopa	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MyoBlox Skywalk Peach Rings	MyoBlox MyoBlox SINDING PLEST FUELD EUPHORIC BRAIN ENERGY NO CRASS CREATIVE PLOW & SHARPNESS THE ADDRESS OF THE PLOY OF T	Levodopa	Health Canada
MyoBlox Skywalk Red Wave	Myoblox Myoblox EUPHORIC BRAIN ENERGY - NO CRASE CREATIVE PLOW & SHARPNESS THE PROPERTY OF THE PLOW & SHARPNESS	Levodopa	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ortiga Mas Ajo Rey Reforzado con Omega 3, 6 y 9, 500 mg c/u tablets and 400 mg c/u capsules	Dolor de Artritis Reumas Gota Osteoartritis Arteriosclerosis Ciática Acido Úrico Dolor de Articulaciones SUPLEMENTO ALIMENTICIO	Diclofenac	United States Food and Drug Administration
Passion Classic	PASSIC NO HEADACHE MALE ENHANCEMENT PILL WAS CONDISTRETED TO THE PILL TO THE PI	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pig Sweat	SOLVENT CLEUM WARNING: MAY BE FIRM JES WALLOWED. SHIN HRITIN AND CLEERE EYE RRITINI	Isobutyl nitrite	Health Canada
Pink Pussycat	Developed to enhance Remale satisfaction. Developed to enhance Remale satisfaction. DEVELOPMENT MAXIMUM AROUBAL Heighten Sensations and Desire	Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Platinum Rhino Love 2000	Platinum RHINO Male Sexual Performance Enhancement CLIMAX CONTROL CREAM CONDOM FDA APPROVED A CAPSUILE FOT 5 Day NO HEADACHE WARNING, Beware of counterfelt products	Yohimbe	Health Canada
Platinum ZEN69 96000	ALL NATURAL SIZE SEDOO No Headache No Side Effect STANINA 100% GRAAS	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Plus Imperial Love 22000	22000 Climax Control Cream Condom FDA Approved 1 Capsule for 5 Day NO headache WARNING: Beware of counterfeit products	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Poseidon Platinum	TIME SIZE STAMINA POSEIDON PLATINUM 1 Capsule I Dietary Supplement FAST ACTING LONG LASTING NO HEADACHE	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Power Panther	CONTRES. PANTER PANT	Yohimbe	Health Canada
Premier Love Platinum 22000	Platinum QOVS Climax Control Cream Condom DA Approved DACHE 1 Capsule for 5 Day Delay Supplement SPECIAL CONDOM WARNING: Beware of counterfeit products	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Recharged Blue Rhino 79 Extreme 188K	Recharged 0 79 SUPER LONG LASTING	Sildenafil (PDE-5 inhibitor)	Health Canada
Red Diamond Viagra	Red diamond Viagra Red drill Traditional Chinese medicine extraction. Eat a grain of onset. For men	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Red Mamba	#19 RED TM SANDEN FILE OF THE PILE OF THE	Yohimbe	Health Canada
ResErection!	Interpretation of the second o	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
ResErection! (Bottle)	All Watural Manual Control of the Co	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino	Sexual Enhancement Male Herbai Ali Natural RHINO SEMECTRICAL MARCHINE	Aminotadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 5000	Platinaria 5000 Rest Acting Long Lesting TIME SIZE STAMINA Platinaria Feat Acting Long Lesting TIME SIZE STAMINA WARNINGS Beware of counterfeit products.	Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Rhino 8 Supreme 500K	RAILS SHOCK GOODS CONTINUED TO THE ROOTS OF	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rising Phoenix 5K	DEVER DIE MALE ENHANCEMENT PILL NO HEADACHE	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rochefort	LEATHER CLEANER WARNING: MAY BE FATAL FOWER FOR IRRITANT AND SEVERE FE IRRITANT	Isobutyl Nitrite	Health Canada
Roselisa Elite Eyelash Serum	N.A.	Bimatoprost	Health Canada
Royal Honey For Hlm	N.A.	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Original	NEVER FAKEIT NEVER FAKEIT NEVERT CLEANER WARNING: MAY BE FATAL F SWALLOW ED. SKIN IPRITANI AND SEVELLE EYE IRRITANI ORIGINAL ORIGINAL	Isobutyl Nitrite	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Power Pak	ISONVERSON WARRING-FLAMMARE WE FATAL IF SHELLOW CLEAN NG SOLFION COLY 04/FE	Isobutyl Nitrite	Health Canada
Secret Miracle Royal Honey for Her	NA	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sexy Lady	Female Libido Enhancement Naturally Restore Sexua Desire Increases Sexual Sensation & Pleasure Heightens Arousal and Sexual Satisfaction Stronger, More Intense Orgasms MADE IN USA	Sildenafil, Tadalafil (PDE-5 inhibitors) and Yohimbe	Health Canada
Shiva Gold	MALE ENHANCEMENT PLUS ENERGY SHIVA GOLD	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 20,000	Digital Size + STAMINA Opinish Opinis	Tadalafil (PDE-5 inhibitor)	Health Canada
Spanish Fly 22000	Spanish Oly 22,000 Chr	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rox	STIFF MALE SEXUAL PERFORMANCE ENHANCEMENT BIGGER' TRONGER' JHEADACHE' SINGLE DOSE IT CAPSULE	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Super Mamba Triple Maximum	SUPER MALE ENHANCEMENT PLANS	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Panther 7K	DAYS LONG ACTION LONGFR HARDER HARDER FRECTION LASTING TIME - S.	Yohimbe	Health Canada
Super Panther 500K	SUPER PANTHER 500K 15 DAYS LONG ACTION HARDER AND HARDER FRECTION TIME+SIZE+STAMINA MAXIMUM POWER NU HEADACHE	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sustango	SUSTANCO Adomg (Pendenadril Tytrate Blend) Maximize Your Energy & Drive Go Big & Strong Fast Acting Formula Dietary Supplement for Men SUSTANCO Sustange's is a revolutionary, natural performance amplifier that provides a powerful blend of Ingredents to support endurance, energy and strength Directions: Consumer Lappake on an energy consumer more than 2 capacities in 24 hour period. Directions: Consumer I depick on an energy consumer more than 2 capacities in 24 hour period. Cuttiene: Consumer I depick on this consumer more than 2 capacities in 24 hour period. Cuttiene: Consumer I depick of children, Not for use by persons under the age of it. if you are concerned about a medical condition please consult your doctor before using. *These statements are not factual and results may vary.	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Swiss Navy Daily Supplement for Sexual Health	SWISS NAVY. DAILY SUPPLEMENTS FOR SEXUAL HEALTH Size Male Enhancement Enhances Growth & Firmness Powerful & Sensational Erections Mensifies Sexual Stamina Improved Sexual Performance GO TABLETS HERBAL DIETARY SUPPLEMENT	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Twin Rhino 69 Power 500K+	POWER SOUR PLUS PLUS PLUS PLUS PLUS PLUS PLUS PLUS	Yohimbe	Health Canada
USA Black Gold	NDC-0038-5589-8 Origin: American U.S.A. 美國黑金 BLACK GOLD People with impotence premature ejaculation or poor sexual life F	Sildenafil (PDE-5 inhibitor)	Health Canada
V Slim Herbal	Mirrocati Manus pass Alterna pass VSLIMMING 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 ZI III 0I 6 8	Sibutramine and Spironolactone	Hong Kong Department of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
VIP Go Rhino	NEW GOLD 69K CORPLING FAST ACTING - LONG LASTING TIME SITH SITH Capsule Upto Days	Yohimbe	Health Canada
Xcalibur Platinum 11000	platinum 11000 Strongest Pill Ever! Increases Time of Intercourse Size and Rock hard Stanina and Sex Drive One Capsule for Ten days	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
X Panther 9X	MALE ENHANCEMENT PILL WILLIAM TO THE STATE OF THE STATE	Yohimbe	Health Canada
X RATED HONEY FOR MEN	NA	Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
777K	MALE TENENCE MENT PLANTS	Yohimbe	Health Canada

Annex B

The possible side effects of the potent ingredients

Bimatoprost

Bimatoprost is a medicine used to lower the intraocular pressure of the eye in glaucoma. It should be used under medical supervision as it can cause side effects such as blurred vision, eye irritation, darkened eyelid skin, iris colour change, eye inflammation and macular oedema and hyperemia.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Hydroquinone

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

Isobutyl nitrite

Isobutyl nitrite is an alkyl nitrite which is often inhaled or ingested by consumers for recreational purposes, despite being labelled for various uses such as leather cleaners, room odourisers or liquid incense. Overdosage or serious medical complications, sometimes resulting in death, can occur when it is used without medical supervision.

Levodopa

Levodopa or L-Dopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Lorcaserin

Lorcaserin is a prescription medicine that was discontinued in the United States in 2020 due to an increased risk of cancer detected in users. Lorcaserin can also cause cardiovascular side effects such as decreased heart rate and heart valve disorder. At high doses, users can develop psychiatric dependences on the drug.

Mercury

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

Phenolphthalein

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes aminotadalafil, hydroxythiohomosildenafil, sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

Spironolactone

Spironolactone is a medicine used to treat hyperaldosteronism (a disorder in which the adrenal gland releases too much of hormone aldosterone into the blood), low potassium levels, fluid retention, heart failure and high blood pressure. It should be used under medical supervision as hypersensitivity reactions, such as skin rashes and urticaria, may occur with the use of spironolactone. Severe skin reactions, such as Stevens-Johnson syndrome and toxic epidermal necrolysis, have been reported with spironolactone therapy.

Tretinoin

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.

Yohimbe

Yohimbe is a bark extract from which a potent medicinal ingredient, Yohimbine, is derived. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.