

# HSA updates on products found overseas that contain potent ingredients (March 2022)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in March 2022 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

# **HSA's Advisory**

- 2 Members of the public are advised to:
  - Consult a doctor if you have consumed any of the products and are feeling unwell.
  - Avoid buying any of the products when abroad.
  - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
  - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
  - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit <a href="https://www.hsa.gov.sg/consumer-safety/">https://www.hsa.gov.sg/consumer-safety/</a> to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: <a href="mailto:hsa is@hsa.gov.sg">hsa is@hsa.gov.sg</a>.

# Annex A

# **List of Products**

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

| Name of product                    | Picture of product   | Potent ingredient(s)           | Source<br>(Regulatory<br>Agency) |
|------------------------------------|--|--------------------------------|----------------------------------|
| Alien Power<br>Platinum<br>11000   | Platinum Platinum Platinum Rearby to Get the Power of Alien TIVIE STANTINA HEAD CH   | Tadalafil<br>(PDE-5 inhibitor) | Health Canada                    |
| Alien 2 Power<br>Platinum<br>11000 | Ready to Get the Power of Alien STAMINA  Ready  Rea | Tadalafil<br>(PDE-5 inhibitor) | Health Canada                    |

| Name of product                                      | Picture of product  | Potent<br>ingredient(s)        | Source<br>(Regulatory<br>Agency)                      |
|--|---|--------------------------------|---|
| Avaphinal  | AVAIDAMA  Maximum Male Enhancement Sexual Pills  2000 MG*  10 Capsules  | Tadalafil<br>(PDE-5 inhibitor) | United Food<br>and Drug<br>Administration<br>(US FDA) |
| Black Mamba<br>Premium<br>Triple<br>Maximum          | BLACK TM HILLIAN BLACK | Yohimbe                        | Health Canada   |
| Black<br>Panther #1<br>Triple<br>Maximum<br>(3 Pack) | PANTI-ER#1  7 DAYS LONG ACTION  LONG HARDER | Yohimbe                        | Health Canada   |

| Name of product                              | Picture of product   | Potent<br>ingredient(s)         | Source<br>(Regulatory<br>Agency) |
|--|--|---------------------------------|----------------------------------|
| Black<br>Panther<br>Platinum 30K<br>(Single) | BLACK PAINTHERL  TIME SIZE STAMINA LASTINE  CAUSAILE Upto T Days | Yohimbe                         | Health Canada                    |
| Blue<br>Diamond                              | BLUE DIAMOND  for Men  | Sildenafil<br>(PDE-5 inhibitor) | Health Canada                    |

| Name of product                 | Picture of product   | Potent<br>ingredient(s)              | Source<br>(Regulatory<br>Agency) |
|---------------------------------|--|--------------------------------------|----------------------------------|
| Blue Boy<br>Original<br>Poppers | SOLVENT CLEARER SOLVENT CLEARE | Isobutyl Nitrite<br>(Alkyl nitrites) | Health Canada                    |
| Heavy Duty<br>Bolt              | ENLYENT CLEAN R. WARNING MAN BE FINAL SMALL OWED. SKIN IRRITANT RIOSEWERE EYE IRRITANT  HEAVY DUTY   | Isobutyl Nitrite<br>(Alkyl nitrites) | Health Canada                    |

| Name of product | Picture of product   | Potent<br>ingredient(s)                           | Source<br>(Regulatory<br>Agency) |
|-----------------|--|---|----------------------------------|
| Jaguar 30000    | MALE SEXUAL PERFORMANCE ENHANCEMENT  MATURAL  1 capsule for 7 days  30 0000  MALE SEXUAL PERFORMANCE ENHANCEMENT  MALE SEXUAL PERFORMANCE ENHANCEMENT  MEADACHE SIDE EFFECTS | Sildenafil and<br>Tadalafil<br>(PDE-5 inhibitors) | Health Canada                    |
| Lucky Lady      | Naturally Restore Sexual Desire  Increases Sexual Sensation & Pleasure  Heightens Arousal and Sexual Satisfaction Stronger, More Intense Orgasms  NO HSADESSES               | Tadalafil<br>(PDE-5 inhibitor)                    | Health Canada                    |

| Name of product              | Picture of product  | Potent<br>ingredient(s)        | Source<br>(Regulatory<br>Agency) |
|------------------------------|---|--------------------------------|----------------------------------|
| Libigrow<br>XXXtreme<br>200k | Capsule up to 7 Days  MAXIMUM STRENGTH FORMULA DE MAXIMA POTENCIA  200K             | Yohimbe                        | Health Canada                    |
| Master Zone<br>1500 (Blue)   | TASTER ZONE  Male Sexual Performance Enhancement  STAMINA  Fast Action Long Lasting | Tadalafil<br>(PDE-5 inhibitor) | Health Canada                    |

| Name of product            | Picture of product   | Potent<br>ingredient(s)                           | Source<br>(Regulatory<br>Agency) |
|----------------------------|--|---|----------------------------------|
| Master Zone<br>1500 (Gold) | MALE Sexual Performance Enhancement  SIZE TIME STAMINA  Action Ac | Sildenafil and<br>Tadalafil<br>(PDE-5 inhibitors) | Health Canada                    |
| Never Rest                 | All Natural All Natural All Natural Sexual Enhancement   | Sildenafil<br>(PDE-5 inhibitor)                   | Health Canada                    |

| Name of product              | Picture of product  | Potent<br>ingredient(s)                           | Source<br>(Regulatory<br>Agency) |
|------------------------------|---|---|----------------------------------|
| Poseidon<br>Platinum         | THE ORIGINAL  TIME SEE STANTINA  POSEIDON PLATINUM  **Capsule I Dietary Supplement FAST ACTING LONG LASTING NO HEADACHE | Sildenafil and<br>Tadalafil<br>(PDE-5 inhibitors) | Health Canada                    |
| Poseidon<br>Platinum<br>3500 | POSEIDON  Dietary Supplement  FAST ACTING LONG LASTING NO HEADACHE  | Tadalafil<br>(PDE-5 inhibitor)                    | Health Canada                    |

| Name of product                    | Picture of product  | Potent<br>ingredient(s)                           | Source<br>(Regulatory<br>Agency) |
|------------------------------------|---|---|----------------------------------|
| ResERECTI<br>ON!                   | THE NUMBER IN SECURAL PRINCE HEAT SEXUAL PERFORMANCE SUPPLEMENT                                   | Sildenafil and<br>Tadalafil<br>(PDE-5 inhibitors) | Health Canada                    |
| Rhino 7<br>Platinum<br>5000 (Blue) | RHING TO SOOD  First Acting Long Letching  TIME SIZE STAMMA  WARNING Brown of counteries products | Sildenafil (PDE-5<br>inhibitor) and<br>Yohimbe    | Health Canada                    |

| Name of product                   | Picture of product  | Potent<br>ingredient(s)                        | Source<br>(Regulatory<br>Agency) |
|-----------------------------------|---|--|----------------------------------|
| Rhino 7<br>Platinum<br>5000 (Red) | RHING Fast/Acting long lasting  TIME SIZE STAMINA  NO HEADACHE          | Sildenafil (PDE-5<br>inhibitor) and<br>Yohimbe | Health Canada                    |
| Rhino 69<br>Extreme<br>35000      | TIME SIZE STAMINA  Capsule for 7 Days  TOUR DAYS  A CAPSULE NO HEADACHE | Tadalafil<br>(PDE-5 inhibitor)                 | Health Canada                    |

| Name of product                                 | Picture of product   | Potent<br>ingredient(s)        | Source<br>(Regulatory<br>Agency)                 |
|---|--|--------------------------------|--|
| Rhino 69<br>Platinum<br>35000                   | Platinum (35000) SUPER LONG LASTING  TIME SIZE STAMINA  HEADACHE  Platinum (35000)  R POR  Plati | Tadalafil<br>(PDE-5 inhibitor) | Health Canada                                    |
| RISE UP<br>RED<br>EDITION<br>Capsules 650<br>mg | RED EDITION  Achieve your Full Potential  Boost your confidence and energy  Promote quality and performance  Powerful and quick acting natural formula  YOUR SATISFACTION, OUR PRIORITY!   | Tadalafil (PDE-5<br>inhibitor) | United States<br>Food and Drug<br>Administration |

| Name of product | Picture of product   | Potent<br>ingredient(s)              | Source<br>(Regulatory<br>Agency)         |
|-----------------|--|--------------------------------------|--|
| Rochefort       | LEATHER CLEANER ARKING MAY BE FATAL ARKING MAY | Isobutyl nitrite<br>(Alkyl nitrites) | Health Canada                            |
| Samuraten       | SANURATION STATES  Report Henre Rijn Henry dan dang States Berthanhat dirent, mangandang Kantori, Berthanhat dirent, mangandang penyaka, Berthanhat dirent, mangandang kantori, Berthanhat dirent, mangandang kantori | Dexamethasone<br>and Paracetamol     | Indonesian<br>Food and Drug<br>Authority |

| Name of product | Picture of product                                     | Potent<br>ingredient(s)                           | Source<br>(Regulatory<br>Agency) |
|-----------------|--|---|----------------------------------|
|                 | ASAM URAT PEGAL LINU RYPERITU ANG SAKIT-GIGI CIKUNGUYA |   |                                  |
| Shiva Gold      | MALE ENHANCEMENT PLUS ENERGY SHIVA GOLD                | Sildenafil and<br>Tadalafil<br>(PDE-5 inhibitors) | Health Canada                    |

| Name of product       | Picture of product                              | Potent<br>ingredient(s)        | Source<br>(Regulatory<br>Agency) |
|-----------------------|---|--------------------------------|----------------------------------|
| Spanish Fly<br>20,000 | Opianish  Oly  20,000  10%                      | Tadalafil<br>(PDE-5 inhibitor) | Health Canada                    |
| Spanish Fly<br>22,000 | Spianish  Oly  22,000  100%  22,000  1400  100% | Tadalafil<br>(PDE-5 inhibitor) | Health Canada                    |

| Name of product                  | Picture of product   | Potent ingredient(s) | Source<br>(Regulatory<br>Agency) |
|----------------------------------|--|----------------------|----------------------------------|
| Spanish Fly<br>Sex Liquid        | Spanish  Strawberry  +Horny Goatweed Increased sexual desire  C+YOHIMBE STRONGER ORGASMS  Sex Liquid  11. oz. (29ml)   | Yohimbe              | Health Canada                    |
| Super<br>Mamba Triple<br>Maximum | SUPER MAIN PLANTED TO THE PLANTED TO | Yohimbe              | Health Canada                    |

| Name of product       | Picture of product                   | Potent<br>ingredient(s) | Source<br>(Regulatory<br>Agency) |
|-----------------------|--------------------------------------|-------------------------|----------------------------------|
| Super Rush<br>Poppers | NPER -SWALLING SPLING CONT. 0.40 LAR | Alkyl nitrites          | Health Canada                    |

| Name of product                           | Picture of product   | Potent<br>ingredient(s)              | Source<br>(Regulatory<br>Agency) |
|---|--|--------------------------------------|----------------------------------|
| Super Rush<br>Original<br>Poppers         | IVER FAKE ITALIAN PROFITA REIT. COMPANY OF THE PROFITA REIT. COMPANY OF TH | Isobutyl nitrite<br>(Alkyl nitrites) | Health Canada                    |
| Titanium<br>4000<br>Sexual<br>Enhancement | NEW PACKAGING  MALE ENGLANCEMENT PLUS ENERGY  ITANIUM  14000  1 PILL WORKS UP TO 8 DAYS -  100% GENUINE PRODUCT -  NO HEADACHES -  100%  | Tadalafil<br>(PDE-5 inhibitor)       | Health Canada                    |

| Name of product                    | Picture of product   | Potent<br>ingredient(s) | Source<br>(Regulatory<br>Agency) |
|------------------------------------|--|-------------------------|----------------------------------|
| Triple Green                       | TIRIPLE SERVER MAXIMUM POWER POWER MAXIMUM POWER P | Yohimbe                 | Health Canada                    |
| VIP Go Rhino<br>Gold 69K<br>(Gold) | GOLD 69K  SORHING FAST ACTING LONG LASTING  TIME SIZE STAMINA  1 Capsul Gov. Days  | Yohimbe                 | Health Canada                    |

| Name of product                      | Picture of product  | Potent<br>ingredient(s)         | Source<br>(Regulatory<br>Agency)            |
|--------------------------------------|---|---------------------------------|---|
| VIP Go Rhino<br>Gold 69K<br>(Silver) | SO RHING FAST ACTING - LONG LASTING  TIME SIZE - STAMINA  1 Capsule Upto Days | Yohimbe                         | Health Canada                               |
| Vy & Tea                             | NA  | Phenolphthalein and Sibutramine | Australian Therapeutic Goods Administration |
| White<br>Panther<br>Extreme 50K      | Wew Extreme Sold WHITE SIZE STAMINA 1 Capsule Upto 7 Days                     | Yohimbe                         | Health Canada                               |

| Name of product    | Picture of product       | Potent<br>ingredient(s)         | Source<br>(Regulatory<br>Agency)                 |
|--------------------|--------------------------|---------------------------------|--|
| Wonderful<br>Honey | Wonderful Honey          | Sildenafil<br>(PDE-5 inhibitor) | United States<br>Food and Drug<br>Administration |
| 777K               | HI. WALE ENFANCEMENT PLL | Yohimbe                         | Health Canada                                    |

#### Annex B

## The possible side effects of the potent ingredients

# Alkyl nitrites

"Poppers" is a slang term for products that contain alkyl nitrites. Despite being labelled for various uses such as leather cleaners, room odourisers or liquid incense, these products are inhaled or ingested by consumers for recreational purposes. Alkyl nitrites, such as amyl nitrite, butyl nitrite and isobutyl nitrite, are prescription medicines and should be used only under medical supervision. Products containing alkyl nitrites may pose serious risks, including death, depending on the amount used, how frequently they are used and how long they are used for, as well as the person's health and the other medications they may be taking. Since it is difficult to control how much is inhaled, people can accidentally overdose. Swallowing these products can lead to serious medical complications and may be fatal.

#### **Dexamethasone**

Dexamethasone is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure.

#### **Paracetamol**

Paracetamol is used for relieving pain, headache and fever. Products which contain paracetamol but do not have this declared on the label pose a danger to consumers as accidental overdose can result in liver damage.

## Phenolphthalein

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

## Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

## **Sibutramine**

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

#### Yohimbe

Yohimbe is a bark extract from which a potent medicinal ingredient, Yohimbine, is derived. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.