



## **HSA updates on products found overseas that contain potent ingredients (March 2022)**

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in March 2022 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

### **HSA's Advisory**

- 2 Members of the public are advised to:
  - Consult a doctor if you have consumed any of the products and are feeling unwell.
  - Avoid buying any of the products when abroad.
  - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
  - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
  - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
  
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.
  
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: [hsa\\_is@hsa.gov.sg](mailto:hsa_is@hsa.gov.sg).

## Annex A

### List of Products

*Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions*



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000		Tadalafil (PDE-5 inhibitor)	Health Canada
Alien 2 Power Platinum 11000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Avaphinal		Tadalafil (PDE-5 inhibitor)	United Food and Drug Administration (US FDA)
Black Mamba Premium Triple Maximum		Yohimbe	Health Canada
Black Panther #1 Triple Maximum (3 Pack)		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Black Panther Platinum 30K (Single)</p>		<p>Yohimbe</p>	<p>Health Canada</p>
<p>Blue Diamond</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Blue Boy Original Poppers		Isobutyl Nitrite (Alkyl nitrites)	Health Canada
Heavy Duty Bolt		Isobutyl Nitrite (Alkyl nitrites)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jaguar 30000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Lucky Lady		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Libigrow XXXtreme 200k</p>		<p>Yohimbe</p>	<p>Health Canada</p>
<p>Master Zone 1500 (Blue)</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Master Zone 1500 (Gold)		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Never Rest		Sildenafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Poseidon Platinum		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Poseidon Platinum 3500		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
ResERECTI ON!		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino 7 Platinum 5000 (Blue)		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 5000 (Red)		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Rhino 69 Extreme 35000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Rhino 69 Platinum 35000</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>RISE UP RED EDITION Capsules 650 mg</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>United States Food and Drug Administration</p>


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rochefort		Isobutyl nitrite (Alkyl nitrites)	Health Canada
Samuraten		Dexamethasone and Paracetamol	Indonesian Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
			
Shiva Gold		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 20,000		Tadalafil (PDE-5 inhibitor)	Health Canada
Spanish Fly 22,000		Tadalafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly Sex Liquid		Yohimbe	Health Canada
Super Mamba Triple Maximum		Yohimbe	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Rush Poppers		Alkyl nitrites	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Rush Original Poppers		Isobutyl nitrite (Alkyl nitrites)	Health Canada
Titanium 4000 Sexual Enhancement		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Triple Green		Yohimbe	Health Canada
VIP Go Rhino Gold 69K (Gold)		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
VIP Go Rhino Gold 69K (Silver)		Yohimbe	Health Canada
Vy & Tea	NA	Phenolphthalein and Sibutramine	Australian Therapeutic Goods Administration
White Panther Extreme 50K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Wonderful Honey		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
777K		Yohimbe	Health Canada

## **Annex B**

### **The possible side effects of the potent ingredients**

#### **Alkyl nitrites**

"Poppers" is a slang term for products that contain alkyl nitrites. Despite being labelled for various uses such as leather cleaners, room odourisers or liquid incense, these products are inhaled or ingested by consumers for recreational purposes. Alkyl nitrites, such as amyl nitrite, butyl nitrite and isobutyl nitrite, are prescription medicines and should be used only under medical supervision. Products containing alkyl nitrites may pose serious risks, including death, depending on the amount used, how frequently they are used and how long they are used for, as well as the person's health and the other medications they may be taking. Since it is difficult to control how much is inhaled, people can accidentally overdose. Swallowing these products can lead to serious medical complications and may be fatal.

#### **Dexamethasone**

Dexamethasone is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure.

#### **Paracetamol**

Paracetamol is used for relieving pain, headache and fever. Products which contain paracetamol but do not have this declared on the label pose a danger to consumers as accidental overdose can result in liver damage.

#### **Phenolphthalein**

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

#### **Phosphodiesterase Type 5 (PDE-5) inhibitors**

This class of medicine includes sildenafil and tadalafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

## **Sibutramine**

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

## **Yohimbe**

Yohimbe is a bark extract from which a potent medicinal ingredient, Yohimbine, is derived. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.