



HSA updates on products found overseas that contain potent ingredients (November 2023)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in November 2023 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

2 Members of the public are advised to:

- Consult a doctor if you have consumed any of the products and are feeling unwell.
- Avoid buying any of the products when abroad.
- Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
- Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
- Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).


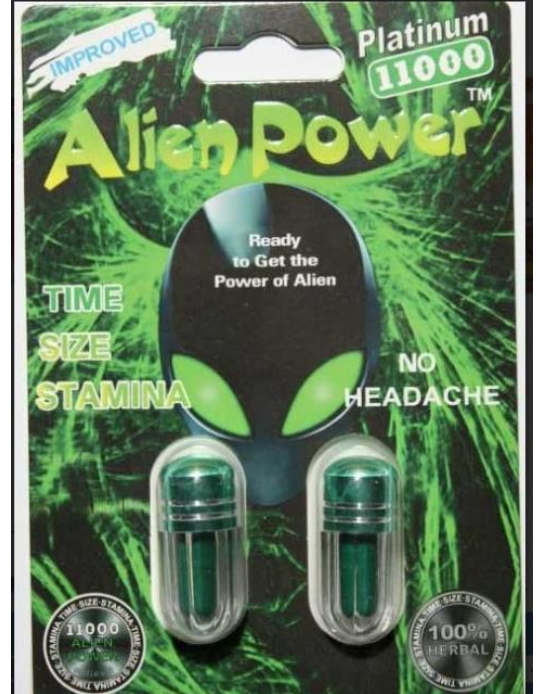
3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.




4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.


Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

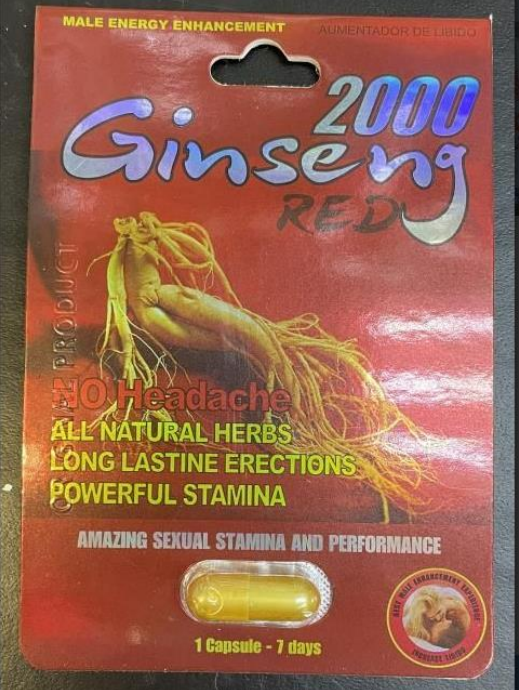



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Advanced Glucose Support Supplements		Glyburide and Metformin	United States Food and Drug Administration
Alien 2 Power 11000 Green		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Alien 2 Power 11000 Red</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>ANYLADY / Pretty Girl MAKE UP PALETTE (Eyeshadow/ Blusher/Highli ghter/Lipstick/ Eyebrow Powder)</p>		<p>Rhodamine B and Lead (THM)</p>	<p>Myanmar Department of Food and Drug Administration</p>
<p>Anylady / 12 color Eyeshadow Palette (01)</p>		<p>Rhodamine B and Lead (THM)</p>	<p>Myanmar Department of Food and Drug Administration</p>



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Artri King		Diclofenac	United States Food and Drug Administration
Black Ant Strong		Sildenafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Black Mamba Premium 18000</p>		<p>Yohimbe</p>	<p>Health Canada</p>
<p>Black Panther #1</p>		<p>Yohimbe</p>	<p>Health Canada</p>


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bull's Genitals		Sildenafil (PDE-5 inhibitor)	Health Canada
Collagen Plus Vit E / Day & Night Cream		Mercury (THM)	Myanmar Department of Food and Drug Administration
ExtenZe (blue pills)		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red 2000		Sildenafil (PDE-5 inhibitor)	Health Canada
HIJA beauty/Apple Lipstick		Rhodamine B	Myanmar Department of Food and Drug Administration
IMAN OF NOBLE / Liquid shadow fashion eyeshadow (03)		Rhodamine B	Myanmar Department of Food and Drug Administration
IU Beauty / Lip Gloss - 02		Rhodamine B	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kinggra (orange label)		Sildenafil (PDE-5 inhibitor)	Health Canada
Kinggra (white label)		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kinggra Fast Acting Plus		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Kiss Beauty / FASHION COLOUR MAKEUP KIT-2		Rhodamine B and Lead (THM)	Myanmar Department of Food and Drug Administration


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kuka Flex		Diclofenac	United States Food and Drug Administration
L'CHEAR / To love Sweet Make Up Kit-2		Lead (THM)	Myanmar Department of Food and Drug Administration
Lameila / 16 Color Eyeshadow-01		Lead (THM)	Myanmar Department of Food and Drug Administration
Lidansiu / Lip Stick		Rhodamine B	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lucky Lady		Tadalafil (PDE-5 inhibitor)	Health Canada

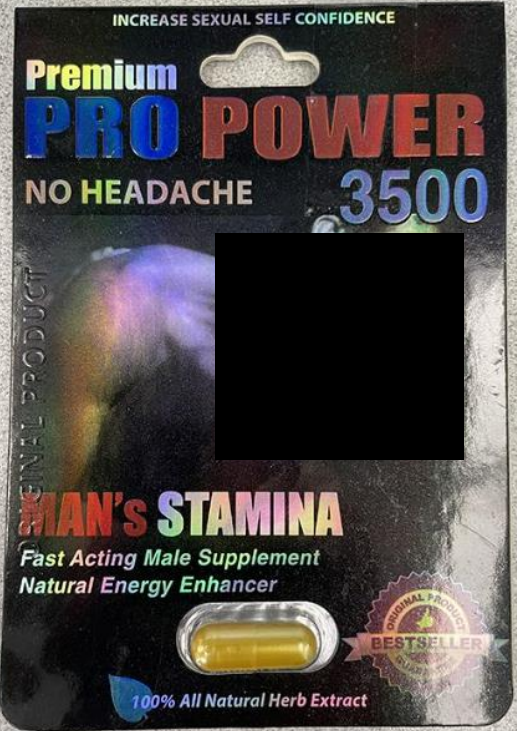


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)																												
<p>Magnum XXL 9800</p>	 <p>The image displays two blister packs of Magnum 9800 Male Sexual Enhancement XXL capsules. The top pack is the front view, featuring the product name in large gold letters and several claims: 'NO SIDE EFFECT! NO HEADACHE!', 'FAST ACTING LONG LASTING', and '1 Capsule for 7 DAYS'. It also lists benefits: 'Prostate Improvement', 'Increases TIME of INTERCOURSE', 'Increases SIZE and HARDNESS', and 'Increases STAMINA and SEX DRIVE'. A '100% NATURAL' seal is visible. The bottom pack is the back view, showing a 'Supplement Facts' table with ingredients and their amounts, a 'SUGGESTED USE' section, a 'CAUTION' section, and a barcode. The expiration date is listed as 12/2025.</p> <table border="1" data-bbox="539 1048 842 1205"> <thead> <tr> <th colspan="2">Supplement Facts</th> </tr> <tr> <th colspan="2">Serving Size: 1 Capsule Amount Per Serving: 2000mg</th> </tr> </thead> <tbody> <tr> <td>Saw Palmetto</td> <td>250 mg</td> <td>Raspberry</td> <td>150 mg</td> </tr> <tr> <td>Epimedium</td> <td>250 mg</td> <td>Euryale Ferae Salib</td> <td>150 mg</td> </tr> <tr> <td>Ginseng</td> <td>250 mg</td> <td>Schisandra Fruit</td> <td>150 mg</td> </tr> <tr> <td>Wild Yams</td> <td>250 mg</td> <td>Poria Fungus</td> <td>150 mg</td> </tr> <tr> <td>Lycium</td> <td>150 mg</td> <td>Langan Aili</td> <td>100 mg</td> </tr> <tr> <td>Cistanche Deserticola Ma</td> <td>150 mg</td> <td></td> <td></td> </tr> </tbody> </table>	Supplement Facts		Serving Size: 1 Capsule Amount Per Serving: 2000mg		Saw Palmetto	250 mg	Raspberry	150 mg	Epimedium	250 mg	Euryale Ferae Salib	150 mg	Ginseng	250 mg	Schisandra Fruit	150 mg	Wild Yams	250 mg	Poria Fungus	150 mg	Lycium	150 mg	Langan Aili	100 mg	Cistanche Deserticola Ma	150 mg			<p>Sildenafil (PDE-5 inhibitor)</p>	<p>United States Food and Drug Administration</p>
Supplement Facts																															
Serving Size: 1 Capsule Amount Per Serving: 2000mg																															
Saw Palmetto	250 mg	Raspberry	150 mg																												
Epimedium	250 mg	Euryale Ferae Salib	150 mg																												
Ginseng	250 mg	Schisandra Fruit	150 mg																												
Wild Yams	250 mg	Poria Fungus	150 mg																												
Lycium	150 mg	Langan Aili	100 mg																												
Cistanche Deserticola Ma	150 mg																														

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum 500K Blue		Tadalafil (PDE-5 inhibitor)	Health Canada
Magnum 500K Gold		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum 500K Red		Tadalafil (PDE-5 inhibitor)	Health Canada
Magnum 9800 Black		Levodopa and Prasterone	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Man King		Sildenafil (PDE-5 inhibitor)	Health Canada
Maximum Power BANG All Night Long		Sildenafil (PDE-5 inhibitor)	Health Canada
Mila Color / Primer Eyebrow kit - 01		Lead (THM)	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
PEARL SKIN/ Pearl & Ginger Cream		Mercury (THM)	Myanmar Department of Food and Drug Administration
Pink Pussycat		Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada
Premier Love Gold 22000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium Pro Power 3500		Sildenafil (PDE-5 inhibitor)	Health Canada
Reumo Flex		Diclofenac	United States Food and Drug Administration
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
			
Rhino 7 Platinum 10,000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 11 Extreme 500K		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 11 Platinum 200k		Tadalafil (PDE-5 inhibitor)	Health Canada

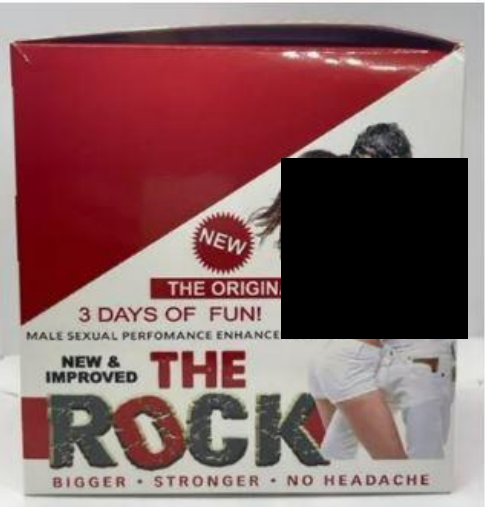

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 12 Platinum 500K		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Extreme 600k		Sildenafil (PDE-5 inhibitor)	Health Canada


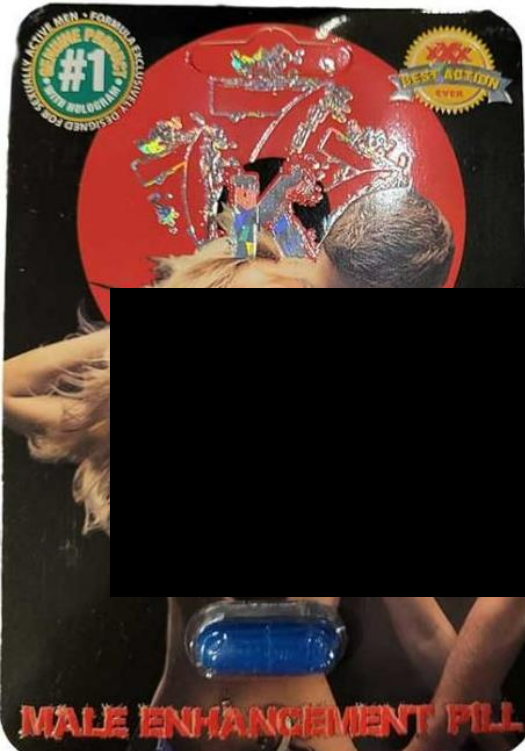
Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Extreme 990K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Platinum 35000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Platinum 700K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 475K		Tadalafil (PDE-5 inhibitor)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Hour 72		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Spanish Fly 22,000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 150,000		Tadalafil (PDE-5 inhibitor)	Health Canada
Stree Overlord		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
The Rock		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Trojan Passion 65000		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Trojan-X 750K		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
7K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
2000 Ginseng Red		Sildenafil (PDE-5 inhibitor)	Health Canada
3800 Hard Rock		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
25000 Jaguar		Tadalafil (PDE-5 inhibitor)	Health Canada

Annex B

The possible side effects of the potent ingredients

Clobetasol

Clobetasol propionate is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Common side effects include skin irritation, pimples, redness and dry skin. Long term use without medical supervision can cause an increased risk of infections, allergic reactions and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Glyburide

Glyburide, also known as Glibenclamide, is a prescription medicine used to treat diabetes mellitus and should be used under medical supervision. Inappropriate use of glyburide or glibenclamide without medical supervision may cause severe low blood glucose which can cause seizures or coma. Other side effects may include nausea, vomiting, diarrhoea and cholestatic jaundice.

Ketoconazole

Ketoconazole is a medicine used to treat fungal infections. The possible adverse effects associated with the inappropriate use of creams containing ketoconazole may include skin irritation, itching of the skin, skin rash and impetigo (skin infection).

Levodopa (L-Dopa)

Levodopa or L-Dopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Metformin

Metformin is a prescription medicine for the treatment of diabetes and should be used under medical supervision. Common side effects include diarrhoea, nausea, and abdominal pain. An overdose can cause severe hypoglycemia or lactic acidosis, which can be fatal.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related

problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Prasterone

Prasterone, also known as Dehydroepiandrosterone (DHEA), is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

Rhodamine B

Rhodamine B is a dye used for printing and dyeing of textiles, paper, paints, and leathers. It is prohibited to be used in health products, including cosmetic products, as it may be carcinogenic. It can cause side effects, such as irritation, when in contact with the skin and eyes. Cases of permanent injury to the eye and chemical conjunctivitis due to exposure to the dye have been documented. When ingested, it may cause gastrointestinal irritation with nausea, vomiting and diarrhoea.

Toxic Heavy Metals (THM)

Lead and mercury are toxic heavy metals which pose serious health risks when consumed in excessive amounts. Exposure to high levels of lead may cause anaemia, weakness, and kidney and brain damage. High levels of mercury may cause kidney injury (e.g. protein in urine and oedema) and affect the nervous system (e.g. numbness, tingling, dizziness, forgetfulness, headaches and depression).

Yohimbe

Yohimbe is a bark extract from which a potent medicinal ingredient, Yohimbine, is derived. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.