

HSA updates on products found overseas that contain potent ingredients (November 2023)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in November 2023 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit https://www.hsa.gov.sg/consumer-safety/ to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Advanced Glucose Support Supplements	Figure 1 fact Tan 12 can be bridge a range of the control of the	Glyburide and Metformin	United States Food and Drug Administration
Alien 2 Power 11000 Green	Platinum 11000 Ready to Get the Power of Alien SEZE NO HEADACHE 100% LERBAL	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien 2 Power 11000 Red	Ready to Get the Power of Alien SIZE NO HEADACHE	Tadalafil (PDE-5 inhibitor)	Health Canada
ANYLADY / Pretty Girl MAKE UP PALETTE (Eyeshadow/ Blusher/Highli ghter/Lipstick/ Eyebrow Powder)	ANYLADY GOULE ANYLADY Management of the control	Rhodamine B and Lead (THM)	Myanmar Department of Food and Drug Administration
Anylady / 12 color Eyeshadow Palette (01)	ANYLADY* ANYLAD	Rhodamine B and Lead (THM)	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Artri King	Nutre y Recupera tu Flexibilidad Glucosamina • Condroitina Colágeno • Vitamina C Cúrcuma • Ortiga • Omega 3 MSM CONTENDO NETORICOTARIANS	Diclofenac	United States Food and Drug Administration
Black Ant Strong	الفكار التي التي التي التي التي التي التي التي	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Mamba Premium 18000	18000 BILACIA DEFENILY 1 CAPSULE FOR 7 DAYS	Yohimbe	Health Canada
Black Panther #1	DAYS LONGER AND HARDER ERECTION TIME+SIZEMANNA MAXIMUM POWER MAXIMUM POWER	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bull's Genitals	BULL'S GENITAL male sexual stimulant 1 capsule lasts 2-3 days الكامل ا	Sildenafil (PDE-5 inhibitor)	Health Canada
Collagen Plus Vit E / Day & Night Cream	Collagen Plus I RE Day & Right from	Mercury (THM)	Myanmar Department of Food and Drug Administration
ExtenZe (blue pills)	**Continue of the second of th	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red 2000	CONSCIONA	Sildenafil (PDE-5 inhibitor)	Health Canada
HIJA bueauty/Appl e Lipstick		Rhodamine B	Myanmar Department of Food and Drug Administration
IMAN OF NOBLE / Liquid shadow fashion eyeshadow (03)	NAME OF MOSE WATER O	Rhodamine B	Myanmar Department of Food and Drug Administration
IU Beauty / Lip Gloss - 02	Program development and stated of the state	Rhodamine B	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kinggra (orange label)	A Pil) 3 Day Se Jal	Sildenafil (PDE-5 inhibitor)	Health Canada
Kinggra (white label)	A Pilis Sexual Sexual Stimulant Stim	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kinggra Fast Acting Plus	Natural Male Erthancement Soft gels	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Kiss Beauty / FASHION COLOUR MAKEUP KIT-2	Rise Beauty Ratios Could in the second in th	Rhodamine B and Lead (THM)	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kuka Flex	KUKA FLEX FORTE	Diclofenac	United States Food and Drug Administration
L'CHEAR / To love Sweet Make Up Kit-2	CORED TO THE PROPERTY OF THE P	Lead (THM)	Myanmar Department of Food and Drug Administration
Lameila / 16 Color Eyeshadow- 01	Idmelia La moi la Territoria del montre de	Lead (THM)	Myanmar Department of Food and Drug Administration
Lidanxiu / Lip Stick	Sidangii)	Rhodamine B	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lucky Lady	Maturally Restroy Seasual Several Seve	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 9800	Prostate improvement Increases TIME of ATTENDRY Increases TIME of ATTENDRY Increases SIZE and HARDNESS Increases	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum 500K Blue	MOSECEPTECT: NOTIFICATION AND A CONTROL OF THE PROPERTY OF THE	Tadalafil (PDE-5 inhibitor)	Health Canada
Magnum 500K Gold	MOSIDE EFFECTI NO HICADACHET SOOK MAGNUM MALE SEXUAL ENHANCEMENT PASTACTING LONGLASTING PROMITE OF COMMUNICATION PROMITE OF MITTERCOURSE PRO	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum 500K Red	MALE SEXUAL ENHANCEMENT XX.L Prostate Improvement Increases	Tadalafil (PDE-5 inhibitor)	Health Canada
Magnum 9800 Black	NO SIDE EFFECTI NO HEADACHE! 9800 MALE SEXUAL ENHANCEMENT XXL FAST ACTING LONG LASTRY Prostate Improvement Increases TIME of INTERCOURSE Increases SIZE and HARDNESS I	Levodopa and Prasterone	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Man King	万宝生物 「京生物 「京生物 「京生物 「京生物 「京生物 「京生の で で で で で で で で で で で で で で で で で で で	Sildenafil (PDE-5 inhibitor)	Health Canada
Maximum Power BANG All Night Long	All Natural Igredents All Natural Igredents LASIS 7DAYS OF STAMINA ACTION THE ULTIMATE PLEASURE Authentic	Sildenafil (PDE-5 inhibitor)	Health Canada
Mila Color / Primer Eyebrow kit - 01	MILA COLOR® EYERROW KIT But risuned so plays it for adheritary foundations in the color of the	Lead (THM)	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
PEARL SKIN/ Pearl & Ginger Cream	PBARL SKIN Pearl & Ginger Cream คริมใช่มูกผสมบมิน มักเล่าการสะดอกสริกเก็บการรับที่ กับหน้าการสับเล่า กับแล้วเกตส์ เก่อแแล้วแก่ว และก่อนแบบทากปักูลล่วงล่า โปกเล่นกรีนเกต เก่าสรราชออกเป็นเกิกษ	Mercury (THM)	Myanmar Department of Food and Drug Administration
Pink Pussycat	Make your pussycat purrrr. NO HEADACHES Developed to enhance Remale sotisfaction. PRINCE SENSUAL ENHANCEMENT DIETARY SUPPLEMENT MAXIMUM AROUSAL Heighten Sensations and Desire	Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada
Premier Love Gold 22000	CIMAX Control Cream Condon; JAApprox MOHEADACHE 1 Capsule for 5 Day Supplement Supplemen	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium Pro Power 3500	Premium PRO POWER NO HEADACHE 3500 MAN'S STAMINA Fast Acting Male Supplement Natural Energy Enhancer	Sildenafil (PDE-5 inhibitor)	Health Canada
Reumo Flex	SUPLEMENTO ALIMENTICIO GUASSIMA, ENCINO BLANCO GARRA DEL DIABICO CANCERNIA, CIVERNIA CARTILAGO DE TIBURON BARDANA, MATARIQUE CONTENIDO 30 CAPLERS	Diclofenac	United States Food and Drug Administration
Rhino 7 Platinum 5000	TIME SIZE STANIALA	Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	Platiname 5000 RIFING IT TIME SIZE STAMMA WARNING BEWAYER of counterfelt products.		
Rhino 7 Platinum 10,000	Plating Low Leading MADE WITH NATURAL INGREDIENTS New Formula Same Great Results TIME SIZE SIAMINA TEADACTE 1 Capsule 7 DAYS	Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 11 Extreme 500K	TIME SIZE STAMINA CAPSULE UPTO DAYS	Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 11 Platinum 200k	FASTAGING. LONG LASTING TIME SIZE STAMINA VARNING Haware of court fielt products	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 12 Platinum 500K	REFINAL RESTRICTION OF THE SIZE STAMINA WARNING THE WATER ST. COUNTERFEET SHOULD BE S	Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Extreme 600k	RHING GOOK SUPER LONG LASTING TIME 5/2/E 1 Capsule for 7 Days MHEADACHE	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Extreme 990K	PINO 990K PINO 990K CAPSULE Upto 7 Days	Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Platinum 35000	TIME SIZE STAMINA HEADACHE	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Platinum 700K	REPOWER TIME SIZE STAMINA 1 Capsule 7 Days	Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 475K	NEW ATSK CRICING SUPER LONG LASTING NO HEADACHE SIZE STAMMA 1 Capsule Upto 7 Days	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Hour 72	NO Prescription needed LASTS up to 72 Hours LASTS up to 72 Hours Natural Male Performance High Quality High Quality	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Spanish Fly 22,000	Shantah Dhantah 100 22,000 (14)	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 150,000	Specifical 18	Tadalafil (PDE-5 inhibitor)	Health Canada
Stree Overlord	STREE EXCEED VIGRA OVERLORD The best salable-product of the world Take effect in 10 minutes Makes it big. long-lasting, increasing sperms	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
The Rock	THE ORIGIN 3 DAYS OF FUN! MALE SEXUAL PERFOMANCE ENHANCE NEW & IMPROVED THE BIGGER • STRONGER • NO HEADACHE	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Trojan Passion 65000	PASSIENDEDOO	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Trojan-X 750K	TRO JAN - X MALE SEXUAL ENHANCEMENT FAST ACTING Tong Lasting * Prostate Improvement * Increases of * Increases and * I	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
7K	MALE IENHANGEMENT FILL	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
2000 Ginseng Red	MALE ENERGY ENHANCEMENT 2000 SINSENS REDS NO TEAGRACHE ALL NATURAL HERBS LONG LASTINE ERECTIONS POWERFUL STAMINA AMAZING SENUAL STAMINA AND PERFORMANCE 1 Capsule - 7 days	Sildenafil (PDE-5 inhibitor)	Health Canada
3800 Hard Rock	SECUCION SECUCIÓN ALL Night Long Pleasure FIRMER STRUKR BURSTINGER SIZE LONGER TIDE BURSTINGER STRUKR FINITE STRUKRES OR GASM LASTS OF LOOK ACTION	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
25000 Jaguar	Capsule for 7 days Guranice 25000 MALE SEXUAL PERFORMANCE ENHANCEMENT PRADURAL READAGE SIDE EFFECTS	Tadalafil (PDE-5 inhibitor)	Health Canada

Annex B

The possible side effects of the potent ingredients

Clobetasol

Clobetasol propionate is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Common side effects include skin irritation, pimples, redness and dry skin. Long term use without medical supervision can cause an increased risk of infections, allergic reactions and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Glyburide

Glyburide, also known as Glibenclamide, is a prescription medicine used to treat diabetes mellitus and should be used under medical supervision. Inappropriate use of glyburide or glibenclamide without medical supervision may cause severe low blood glucose which can cause seizures or coma. Other side effects may include nausea, vomiting, diarrhoea and cholestatic jaundice.

Ketoconazole

Ketoconazole is a medicine used to treat fungal infections. The possible adverse effects associated with the inappropriate use of creams containing ketoconazole may include skin irritation, itching of the skin, skin rash and impetigo (skin infection).

Levodopa (L-Dopa)

Levodopa or L-Dopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Metformin

Metformin is a prescription medicine for the treatment of diabetes and should be used under medical supervision. Common side effects include diarrhoea, nausea, and abdominal pain. An overdose can cause severe hypoglycemia or lactic acidosis, which can be fatal.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related

problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Prasterone

Prasterone, also known as Dehydroepiandrosterone (DHEA), is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

Rhodamine B

Rhodamine B is a dye used for printing and dyeing of textiles, paper, paints, and leathers. It is prohibited to be used in health products, including cosmetic products, as it may be carcinogenic. It can cause side effects, such as irritation, when in contact with the skin and eyes. Cases of permanent injury to the eye and chemical conjunctivitis due to exposure to the dye have been documented. When ingested, it may cause gastrointestinal irritation with nausea, vomiting and diarrhoea.

Toxic Heavy Metals (THM)

Lead and mercury are toxic heavy metals which pose serious health risks when consumed in excessive amounts. Exposure to high levels of lead may cause anaemia, weakness, and kidney and brain damage. High levels of mercury may cause kidney injury (e.g. protein in urine and oedema) and affect the nervous system (e.g. numbness, tingling, dizziness, forgetfulness, headaches and depression).

Yohimbe

Yohimbe is a bark extract from which a potent medicinal ingredient, Yohimbine, is derived. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.