

HSA updates on products found overseas that contain potent ingredients (January 2024)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in January 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit https://www.hsa.gov.sg/consumer-safety/ to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Arize	For a Rise That's HARD to Forget Herbal Dietary Supplement 10 Capsules	Nortadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Artri King	MONEOUNIES Control Service Control Ser	Dexamethasone, Diclofenac and Phenolphthalein	Australian Therapeutic Goods Administration
บียอน ไวท์เทนนิ่ง ครีม BEYOND WHITENING CREAM	Beyond WHITENING CREAM WHITENING CREAM Beyond STORY OF THE STORY OF	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bullblood tablets	BULL BLOCD MALE ENHANCEMENT SUPPLEMENTS 2 Tabs	Sildenafil (PDE-5 inhibitor)	Australian Therapeutic Goods Administration
Chilli Day Cream	Day cream Individual fraction of the state	Betamethasone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Chilli Night Cream	Children Night cream Mahyarat years to the party of the second of the party of the pa	Betamethasone and Mercury	Thailand Food and Drug Administration
Commander Stamina Time tablets	TIME COMMANDER FOR HIM - 2 TABS NO HEADCHE	Tadalafil (PDE-5 inhibitor)	Australian Therapeutic Goods Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Daisy BEAUTY RICH	Daisy Daisy Dealty Rich Daisy Dealty Rich Dealty Ric	Mercury	Thailand Food and Drug Administration
Daisy BEAUTY RICH	Daisy BEAUTY RICH	Mercury and Retinoic acid	Thailand Food and Drug Administration
ENDUREA	IO CAPSULES DIETARY SUPPLEMENT	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Excite for her tablets	EXGUE	Sildenafil (PDE-5 inhibitor)	Australian Therapeutic Goods Administration
ForeverMen	FOREVERMEN Natural Energy Boost 10 BLUE CAPSULES	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Labskin ACTIVEWHITE White Cream Secret Recipe ไวห์ ครีม ซีเคร็ท เรซิพี (ครีมขาวสูตรลับ)	Idaskin active white secret recipe body cream white 6 hards booster White 6 hards booster Net 50 g. White Cream Secret Recipe In the standard methodocological secretary and secreta	Betamethasone	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Labskin white Cream secret Resipe ไวท์ ครีม ซีเคร็ท เรซิพี (ยาเร่งขาว)	Inclandents: water, phenoagathened, fragurers, glargethian glater nod estrick took sets looke colorect, who color estract, whaten is, whaten is, whaten is, whaten is, whaten is placeters. Our sense in certification and an experior and AMA, 80-M, allerson discoulture data, glargethia, recomplete and color placetimes of placeters. Our sense in certification placetime, transport and established activities and glargethian cooping, placetimes, destrophic coloring in the coloring of the coloring placeters of coloring and coloring certification and cert	Mercury	Thailand Food and Drug Administration
LADY GOLD (Blue jar lid with yellow cream)	ILADN GOLD (Self-winder (Sel	Betamethasone, Hydroquinone, Mercury and Retinoic acid	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	LADYGOLD		
LADY GOLD (Gold jar lid with orange cream)	TADY GOLD 66 Particular 1800 18 10 10 10 10 10 10 10 10 10 10 10 10 10	Betamethasone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	TADY GOLD		
Magnum 24K Male Enhancement XXL	MAGNUM MALE SEXUAL ENHANCEMENT COLD FAST ACTING LONG LASTING FAST ACTING LITCHEASES TIME OF INTERCOURSE Intereases SIZE and HARDNESS Intereases STAMINA and SEX DRIVE Externe Stemmor Time Stammor 100% Natural Herbal Extract	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MEYYONG RA เหมยหยง อาร์เอ ครีมสมุนไพรสาหร่ าย (SEAWEED) SUPER WHITENING DAY CREAM เดย์ ครีม NIGHT CREAM ในท์ ครีม MOISTURIZER CREAM มอยส์เจอไรเซอร์	THE WHITENING THE WAY WHITENING TOUTORIST TOUTORIST	Hydroquinone, Mercury and Retinoic acid	Thailand Food and Drug Administration
MEIYONG ฝาสีเขียว (Green jar lid with green cream)		Betamethasone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MEIYONG ฝาสีชมพู (Pink jar lid with yellow cream)	GR. PORTS	Betamethasone	Thailand Food and Drug Administration
MEIYONG ฝาสีน้ำเงิน (Blue jar lid with yellow cream)	MEIVONGO	Hydroquinone and Retinoic acid	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MEIYONG ฝาสีเขียว (Green jar lid)	(MEINONG)	Mercury	Thailand Food and Drug Administration
MEIYONG ฝาสีน้ำเงิน (Blue jar lid)	MEIYONG	Hydroquinone and Retinoic acid	Thailand Food and Drug Administration
MEIYONG ฝาสีชมพู (Pink jar lid)	Common	Mercury	Thailand Food and Drug Administration
MEIYONG ฝาสีเขียว (Green jar lid)	(Samuel)	Betamethasone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MEIYONG ฝาสีชมพู (Pink jar lid)		Betamethasone and Mercury	Thailand Food and Drug Administration
MEIYONG ฝาสีน้ำเงิน (Blue jar lid)	MITYONG	Betamethasone and Retinoic acid	Thailand Food and Drug Administration
MEYYONG RA เหมยหยง อาร์เอ ครีมสมุนไพรสาหร่า ย (SEAWEED) EXTRA WHITENING & FACE LIFT MOISTURIZER CREAM มอยส์เจอไรเซอร์ ครีม		Betamethasone, Mercury and Retinoic acid	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MEYYONG RA เหมยหยง อาร์เอ ครีมสมุนไพรสาหร่า ย (SEAWEED) EXTRA WHITENING & FACE LIFT MOISTURIZER CREAM มอยส์เจอไรเซอร์ ครีม	ผลิตและจัดจำหน่ายโดย เหมยหยง อาร์เอ เลขที่ 30 หมู่ 7 ต.ในนทราย อ.มหารนะชัย จ.ยใสธร 35130 MOISTURIZER CREAM มอยส่งอร์ไรเชอร์ กรีม เฉพที่จดเจ๋ง 10-1-5971557 มลิต MFD 01/02/2023 หมดอน EXP. 01/02/2026	Betamethasone and Mercury	Thailand Food and Drug Administration
MEYYONG RA เหมยหยง อาร์เอ ครีมสมุนไพรสาหร่า ย (SEAWEED) SUPER WHITENING DAY CREAM เดย์ ครีม NIGHT CREAM ในท์ ครีม MOISTURIZER CREAM มอยส์เจอไรเซอร์ ครีม	THE HALL WE TAKE THE STATE OF T	Betamethasone, Hydroquinone, Mercury and Retinoic acid	Thailand Food and Drug Administration
Mhor Yanhee (Green box)	PARTICIPATION OF THE PARTICIPA	Betamethasone, Hydroquinone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	ครีบบหัศจรรย์ ละคราม ขางเลย ค		
Mhor Yanhee (Gold jar lid with green cream)	Salar Social Salar	Betamethasone and Mercury	Thailand Food and Drug Administration
Mhor Yanhee (Gold jar lid with light yellow-white cream)	SOLUTION OF THE STATE OF THE ST	Betamethasone and Hydroquinone	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Mhor Yanhee (Gold box)	PILICIA GOINSUUTS OFFICIA Stir (mortgestanismente 3 po) posed 1 : obsessable of fact or consens quint 2 : obsessable of fact or consens quint 3 : obsessable of consensor of the fact or consens posed 2 : obsessable of consensor of the fact or consensor of the fact o	Betamethasone, Hydroquinone, Mercury and Retinoic acid	Thailand Food and Drug Administration
Mhor Yanhee (Brown jar lid with light orange-white cream)	THE WASTER THE STATE OF THE STA	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Mhor Yanhee (Brown jar lid with light yellow- white cream)	Character as a second as a sec	Betamethasone, Hydroquinone and Retinoic acid	Thailand Food and Drug Administration
Mhor Yanhee (Pink box)	INDUSTRIAL STATE OF THE PROPERTY OF THE PROPER	Betamethasone, Hydroquinone and Mercury	Thailand Food and Drug Administration
Mhor Yanhee (Light yellow jar lid with pink cream)		Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	THE WALLS OF STATE OF		
Mhor Yanhee (Light yellow jar lid with light yellow cream)	The state of the s	Betamethasone and Hydroquinone	Thailand Food and Drug Administration
Mhor Yanhee (Purple box) (within the box, there is a light red jar lid with light pink cream)	ทบอยันสื อุดกระการของเกา	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	Dr.ocupanion Dr.ocupanion Entresservation annesservation a		
Mhor Wutti sak 3 (Green jar lid with green cream)	Dr.วุฒิคักดี ครุมภาพัก กระ สอ ปรับสภาพพิว วัพ : กวรแห่งประชา	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Mhor Wutti sak 4 (Green jar lid with light yellow cream)	Dr.วุตบุลกักดี เกษาะเลยเลยเลยเลยเลยเลยเลยเลยเลยเลยเลยเลยเลยเ	Betamethasone, Hydroquinone and Mercury	Thailand Food and Drug Administration
Mhor Yanhee (Blue jar lid with orange cream)	ACCESSION SECTIONS AND ACCESSION AND ACCESSION AND ACCESSION AND ACCESSION A	Betamethasone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Mhor Yanhee (Blue jar lid with clear white cream)	Statistical and an experience of the statistical	Hydroquinone and Retinoic acid	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pink Pussycat	Make your pussycat purrrr. AND HEADACHES Developed Lo enhance Pennalisotion action and Desire MAXIMUM AROUSAL Heighten Sensations and Desire	Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada
Polla GOLD SUPER WHITE PERFECTS	Simply Work Commenced by the commenced b	Betamethasone and Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Polla Anti-Acne Cream	WSOUNGIA ON WORKING SEULÜSU AN SOURCE NEW-DAY Cream gashrisunounavou Working Seulüsu rimalvina Anti-Are Orem Pussunigau Sucondocausus Source Sucondocausus Source Individual	Mercury	Thailand Food and Drug Administration
Polla Anti- Melasma Cream)	Anti-Molesma Oream Wiscuming out Su reconnected surviving Sunday Sunday Manches along the forested on a common reconstruction of the control of the cont	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premier Love Gold 22000	CONTROL CONTROL OF CON	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino 7 Platinum 5000	Platinum 5000 RHINO Facility Larg Lasting TIME SIZE STAMINA MARING Brance of Counterfor products	Sildenafil (PDE-5 inhibitor)	Health Canada
Seraphim Z	SERAPHIM Z SPECIAL SP	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SnowWhite Armpit Whitening Underarm Cream	Snote White Angel Snote and the same of th	Betamethasone and Mercury	Thailand Food and Drug Administration
Throb Herbal supplement tablets	THROB Herbal Supplement FOR HEAT POUR ELLE HEGICY EFFECTIVE FOR UP TO 73 MOURS 178.55 / Present de	Vardenafil (PDE-5 inhibitor)	Australian Therapeutic Goods Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
U NICE ไวท์ เหนนิ่ง ครีมสิว- ฝัา ไข่ไก่ผสมน้ำผึ้ง	Lini inudo Juliniwanicinio Per maria Per	Mercury	Thailand Food and Drug Administration
U NICE ครีมฝ้า น้ำนมช้าวผสมโยเกิ ร์ต	U NICE ASUUL AS	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
88 Whitening Night Cream	Sea Contract to the contract t	Betamethasone and Mercury	Thailand Food and Drug Administration
2000 Ginseng Red	MALE ENERGY ENHANCEMENT 2000 CSINSENS REDUCE NO Jeaclache ALL NATURAL HERBS LONG LASTINE ERECTIONS POWERFUL STAMINA AMAZING SEXUAL STAMINA AND PERFORMANCE 1 Capsule - 7 days	Sildenafil (PDE-5 inhibitor)	Health Canada

Annex B

The possible side effects of the potent ingredients

Betamethasone and Dexamethasone

Betamethasone 17-Valerate and Dexamethasone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long-term unsupervised use of steroids (including topical use where the steroid can be absorbed into the body) can cause increased blood glucose levels (which may lead to diabetes), high blood pressure, cataracts, muscular and bone disorders, an increased risk of infections and Cushing's syndrome (a round face or 'moon face' appearance and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion, and low blood pressure, especially when the product has been taken for more than a few weeks.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Hydroquinone

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

Mercury

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

Phenolphthalein

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes avanafil, carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Retinoic acid

Retinoic acid, also known as tretinoin or isotretinoin, is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of retinoic acid could lead to side effects such as redness and peeling of skin.