

HSA updates on products found overseas that contain potent ingredients (March 2024)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in March 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit https://www.hsa.gov.sg/consumer-safety/ to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
2000 Ginseng Red	ALL NATURAL HERBS LONG LASTINE ERECTIONS POWERFUL STAMINA AMAZING SEMUAL STAMINA AND PERFORMANCE 1 Capsule -7 days	Sildenafil (PDE-5 inhibitor)	Health Canada
2009 (NINETEEN COSMATICS)	The state of the s	Betamethasone Hydroquinone, Retinoic acid, Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
3800 Hard Rock	All Night Long Pleasure STRUMERS STRUMA BIBBER STRUMA LONSER TITUE CURSTING ASSETTION ALLEY OF ACTION	Tadalafil (PDE-5 inhibitor)	Health Canada
88 TOTAL WHITE UNDERARM CREAM	TOTAL WHITE INDERAM CREAM BE TOTAL WHITE UNDERAM CREAM CREAM BE TOTAL WHITE UNDERAM CREAM BE TOTAL WHITE UNDERAM CREAM CREAM BE TOTAL WHITE UNDERAM CREA	Betamethasone, Clobetasol, Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	TWINEND THEM IFG. 16-06-2023 LOT. ENP. 16-08-2025 When the control of the cont		
	LINESCAM CIPE LANGE CONTROL OF THE C		
	The state of the s		
ALPHASTRIP	THE FASTEST-ACTING SUBLINGUAL 7X THAN PILL 7 STAMMA 2 STAMMA CALIFER FREE CALIFER FREE CALIFER FREE	Sildenafil and/or Tadalafil (PDE-5 inhibitors)	US Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	Nutritional Facts Serving Size 1 Strip Amount Per Serving Carbs Dietary Fiber Saturated Polyunsaturated 0 g 0% Monounsaturated 0 g 0 g 0% Monounsaturated 0 g 0		
NYLADY / Peachy (Eyeshadow Palette)(01)	EYESHADOW RIGHERORITS TREATMENT HAVE A REPORTED BY CONCONTRICE OF A REPORT AND A REPORT OF A REPORT O	Lead	Myanmar Department of Food and Drug Administration
baschi / Whitening Cream	baschi Internación	Mercury	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	EXTRACT FROM NATURAL AND RARE PLANT. AND CONFIRMED BY INTERNATIONAL BEAUTY EXPERTS THAT THERE IS NO SIDE-EFFECT. DAY CREAM 5 ml		
	ชื่อ บาธิสรัมกมาราน ยาง ระการสาขายการาน ผลิต บริธัทท้าย ใจเขื่อนเอ็นตอสมทักจำนักประกาศสัม บำเข้า บริธัทใจโอมุโอสินเพลา์เนชันแนอไทยและเค่จำกัด วันเลิต โปพฤติบเล่าเกลือง เลขาะเบียนเลืองในท์แล้องสาขาง TAIWAN YANKO HIGH-END BIOLOGICAL TECHNOLOGY CO.LTD.		
Black Mamba Premium	PREMIUM POWER	Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther	BLACK PARTHER LONG LASTING LASTING MAXIMUM POWER HID HEADACHE	Yohimbe	Health Canada
Bravo for Him	Lastup to 3 Days Longer, Harder, and more Stamina Best Quality Natural Guaranteed [14]	Desmethyl carbodenafil, Dithiodesmethyl carbodenafil, Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Flower Power	PLOWER POLICE CHO INFUS TEM LE ENHANGEMENT	Sildenafil and/or Tadalafil (PDE-5 inhibitors)	US Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	Temporal Flavor Version South Preservative), Natural Flavor Yellow #5. Canan Disordium Sale of EDTA (SEQUESTRANT) Red #40.		
GREEN LAB WHITE COCKTAIL OVERNIGHT	GREEN LAB WHITE COCKTAIL WHITE COCKTAIL OVERNIGHT	Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red 2000	ALL NATURAL HERBS LONG LASTING ERECTIONS POWERFUL STAMINA AMAZING SEXUAL STAMINA AND HERBORMANCE	Sildenafil (PDE-5 inhibitor)	Health Canada
Glory Cosmetics Facecream	WINDOWN PARTY TOWNS THE PARTY TH	Mercury	National Pharmaceutical Regulatory Agency (NPRA)
Happy ครีมสมุนไพร ไข่มุกผสมบัวหิมะ ผสมน้ำนมข้ำว THAI Notification Number 10-1- 6436587	State of the state	Betamethasone, Clobetasol, Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	The state of the s		
Happy ครีมสมุนไพร ใช่มุกผสมบัวหิมะ ผสมน้ำนมช้ำว THAI Notification Number 10-1- 5277021	SCHOOL STATE OF THE STATE OF TH	Betamethasone, Clobetasol, Mercury	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Happy ครีมสมุนไพร ไข่มุกผสมบัวหิมะ ผสมน้ำนมข้ำว THAI Notification Number 10-1- 5277021	Section of the sectio	Betamethasone, Clobetasol, Mercury	Thailand Food and Drug Administration
IT'SHUDABUEAT Y/ Glowish Blush POWDER BLUSH	TS HAZA HEALTY bladnes lists a bouch of core to illustrate the Content and create structure. The first and slive product for the Content of Government of Go	Rhodamine B	Myanmar Department of Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
IU Beauty / Lip Gloss (04)	The God of	Rhodamine B	Myanmar Department of Food and Drug Administration
Libigrow XTREME	Lilbigrow Notice Maximum Strength Formula 2 CAPSULES Tiboomig And Ambount Tiboomig CONTROL Tiboomig Tiboomig CONTROL Tiboomig Tibo	Sildenafil and/or Tadalafil (PDE-5 inhibitors)	US Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	Supplement Facts Londy Ser 1 Sealing Long Ser 1 Sea		
Magnum XXL 9800	NO SIDE EFFECTI NO HEADACHE! 9800 MALE SEXUAL ENHANCEMENT XXL PAST ACTING LONG LASTING Prostate Improvement Increases TWT of INTERCOURSE Increases TWT and IARDNESS Increases TWT and IARDNESS Increases TWT and IARDNESS Increases TWT AND	Levodopa and Prasterone	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
MS GLOW – WHITENING LIFTING SERUM	MILLER SERVING WHITERING SERVING SERVING CANCEL PROMOTE TO THE PROPERTY OF	Mercury	Brunei Darussalam Ministry of Health
N Glow EWSB	State of the state	Betamethasone, Hydroquinone, Tretinoin	National Pharmaceutical Regulatory Agency (NPRA)

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Polla Platinum	Actions Act	Mercury	Thailand Food and Drug Administration
Rhino 69 Platinum 700K	RHINO TIME SIZE STAMINA Capsule Days	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 25 Platinum 25000	Platinum (300) PLHING FAST ACTING. LONG LASTING TIME SIZE STAMINA WARNING: Beware of counterleproducts	Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 7 Platinum 5000	Platinum 5000 PLING IT Fast Arring Long Lasting TIME SIZE STAMINA WARNING: Seware of counterfeit products.	Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Hour 72	S14.** S14.** USH HOUR USH HOUR Looper Herder, dist more Stamina (Satura Nidle Perlamonrae High Cualt High Cualt	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rush Hour Plus	\$14.99 CUSH HOR PLUS A Days Sexual Performance NO PRESCRIPTION NEEDED NATURAL MALE PERFORMANCE LONGER HARDER MORE STAMINA LASTS UP TO 72 HOURS HIGH QUALITY	Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SILVERBACK	The state of the s	Sildenafil and/or Tadalafil (PDE-5 inhibitors)	US Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 22,000	Spanish Oly 22,000 14 PRINTED THE STREET STAMMA THE STREET STAMMA OLY ONE 22,000 THE STAMMA OLY OLY OLY OLY OLY OLY OLY OL	Tadalafil (PDE-5 inhibitor)	Health Canada
Stiff Rox	BIGGER' STRONGER' NO HEADACHE' SINGLE DOSE 1 CAPSULE	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
The Goat		Sildenafil and/or Tadalafil (PDE-5 inhibitors)	US Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory
	BE THEIR GREATEST OF ALL TIME LONGER STRONGER STRONGER HARDER BETTER FACTOR SUBLINGUAL STRIP MALE ENHANCEMENT		Agency)
	SIZE, STAMINA, PERFORMANCE O Works in as fast as 5-10 min O Prolong time of intercourse O Rocksolid erection O Helps intensify orgasm O No prescription necessary O No side effect, No addiction DIRECTION SLIP ONE STRIP UNDERNAMMOUR TONOUS 5-10 MINUTES PRODUCT SEVILLA ACTIVE ONLY WHEN STRIVLATED. SUBLINGUAL GOES DIRECTLY INTO THE BLOOD STREAM FOR PASTER ACTING AND BETTER RESULTS BE THEIR GOAT. DISTANCE OF THE GREATEST OF ALL TIME BE THEIR GREATEST OF ALL TIME		

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Toner Treatment EWSB	Treatment TONER Glowing Beauty WM RM since 80 s 14 s 1 M RM strong 80 s 14 s	Hydroquinone and Tretinoin	National Pharmaceutical Regulatory Agency (NPRA)
Unknown Slimming Product with Korean name	OPPLE DATE OF THE PROPERTY OF	Sibutramine	HK Department of Health
Victorious	SANADA MADE MEN ENHANCER	Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada

Name of produc	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Y - CID / DIAMOND METEOR Eye shadow Ball (03)	DIAMOND METEOR OF STREET O	Rhodamine B	Myanmar Department of Food and Drug Administration

Annex B

The possible side effects of the potent ingredients

Betamethasone

Betamethasone is a potent steroid. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Clobetasol propionate

Clobetasol propionate is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Common side effects include skin irritation, pimples, redness and dry skin. Long term use without medical supervision can cause an increased risk of infections, allergic reactions and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Dehydroepiandrosterone (DHEA) – also known as Prasterone

Dehydroepiandrosterone (DHEA) is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

Hydroquinone

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

Lead

Lead is a toxic substance and poisoning can occur when it builds up in the body, often over months or years. It can cause long-term harm including kidney damage and increased risk of high blood pressure.

Mercury

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.

Tretinoin/ Isotretinoin/ Retinoic acid

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.

Yohimbe

Yohimbine is a potent medicinal ingredient derived from yohimbe, a bark extract. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.