



HSA updates on products found overseas that contain potent ingredients (January 2025)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in January 2025 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products




Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
A DHA Beauty Care Day Cream		Mercury	Indonesia Food and Drug Authority
A DHA Beauty Care Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Adhe_Beauty care Cream Malam		Mercury	Indonesia Food and Drug Authority
Adhe_Beauty care Cream Siang		Mercury	Indonesia Food and Drug Authority
Baby Gold Beauty Day Cream		Mercury	Indonesia Food and Drug Authority
Baby Gold Beauty Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Balleza Skincare Night Cream		Mercury	Indonesia Food and Drug Authority
Beauty Glow Platinum Triple 3		Hydroquinone	Indonesia Food and Drug Authority
Black Horse Vital Honey		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Swissmedic

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Body Whitening Platinum		Hydroquinone	Indonesia Food and Drug Authority
Booster Glow Beauty Skin Day		Mercury	Indonesia Food and Drug Authority
BOOSTER UP Dazzling Lumina Night Cream		Hydroquinone	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
BRD Racikan Cream Flek Dokter		Mercury	Indonesia Food and Drug Authority
CASANDRA Eye Brow Pencil (Brown)		Lead	Indonesia Food and Drug Authority
Citra Day & Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Clariderm Day & Night Cream	 The image shows two red boxes of Clariderm Day & Night Cream stacked on top of each other. To the left of the boxes is a clear plastic jar with an orange cap and a pink band around the middle. The boxes and jar are set against a plain white background.	Mercury	Indonesia Food and Drug Authority
CLB Body Lotion Extra Whitening	 The image shows three white plastic jars of CLB Body Lotion Extra Whitening. One jar is open, showing a white cream inside. The lid of the open jar has a colorful label with a floral design and the letters 'CLB'. The other two jars are closed and have white labels with black text.	Mercury	Indonesia Food and Drug Authority
CLB Glow Skincare All In One Cream	 The image shows two pink plastic jars of CLB Glow Skincare All In One Cream. One jar is open, showing a pink cream inside. The lid of the open jar has a pink label with the words 'CLB Glow' in a stylized font and 'SKINCARE All In One Cream' below it. The other jar is closed and has a pink label.	Mercury	Indonesia Food and Drug Authority
CR Cream Paket Night Cream	 The image shows three white plastic jars of CR Cream Paket Night Cream. One jar is open, showing a white cream inside. The lid of the open jar has a blue label with the letters 'CR' and 'NIGHT' below it. The other two jars are closed and have blue labels.	Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
CR Day Cream with Vitamin E		Mercury	Indonesia Food and Drug Authority
CR Racikan Ling Zhi Day Cream with Vitamin E		Mercury	Indonesia Food and Drug Authority
CR Racikan Ling Zhi Night Cream with Vitamin E		Mercury	Indonesia Food and Drug Authority
CR Toner		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
CR U.V. Whitening Day Cream with Vitamin E		Mercury	Indonesia Food and Drug Authority
CR U.V. Whitening Night Cream with Vitamin E		Mercury	Indonesia Food and Drug Authority
Cream HN Malam		Mercury	Indonesia Food and Drug Authority
Cream HN Siang		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Cream Super Glowing Night		Hydroquinone	Indonesia Food and Drug Authority
Diamond Cream Whitening & Anti Acne		Mercury	Indonesia Food and Drug Authority
Dinda Skincare Bibit Pemutih		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dinda Skincare Day Cream DN (Paket Glowing)		Mercury	Indonesia Food and Drug Authority
Dinda Skincare Vitamin Wajah Glowing		Mercury	Indonesia Food and Drug Authority
Dinda Skincare Whitening Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dinda Super Cream		Mercury	Indonesia Food and Drug Authority
Dokter White Whitening Cream		Mercury	Indonesia Food and Drug Authority
Dr. Gold Super Quality SPF 30		Mercury	Indonesia Food and Drug Authority
Eczevandia BabyCream		Mometasone	Hong Kong Department of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Eczevandia Cream		Miconazole and Mometasone	Hong Kong Department of Health
Erfast Day Cream		Mercury	Indonesia Food and Drug Authority
Erfast Extra Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Erfast Extra Toner		Mercury	Indonesia Food and Drug Authority
Erfast Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Esther Bleaching Cream A		Mercury	Indonesia Food and Drug Authority
Esther Bleaching Cream B		Mercury	Indonesia Food and Drug Authority
Esther Whitening Cream M		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Esther Whitening Cream S		Mercury	Indonesia Food and Drug Authority
Fair & Lovely Night Cream		Mercury	Indonesia Food and Drug Authority
Farma Skincare Whitening Day Cream		Retinoic acid	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Fass Glow Day Cream		Mercury	Indonesia Food and Drug Authority
Galau Day Cream		Mercury	Indonesia Food and Drug Authority
Galau Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
HB Glow Platinum Super Dosting Pink		Mercury	Indonesia Food and Drug Authority
Herbal Plus New, Day & Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jlfara Seaweed		Mercury	Malaysia National Pharmaceutical Regulatory Agency
KKK Sp Pearl Cream		Mercury	Indonesia Food and Drug Authority
KLT Krim Malam		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
KM 1 Cream		Mercury	Indonesia Food and Drug Authority
Labella Day Cream		Mercury	Indonesia Food and Drug Authority
Labella Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lasona Skin Care Daily Cream	 <p>The image shows two views of a Lasona Skin Care Daily Cream jar. The top view is a closed white jar with a gold band and a label that reads 'LASONA Skin Care DAY CREAM e20ml'. The bottom view shows an open jar with a white lid and a gold band, revealing a thick yellow cream inside. The label on the lid also reads 'LASONA Skin Care DAY CREAM e20ml'.</p>	Mercury	Indonesia Food and Drug Authority
Lasona Skin Care Night Cream	 <p>The image shows two views of a Lasona Skin Care Night Cream jar. The top view is a closed white jar with a gold band and a label that reads 'LASONA Skin Care NIGHT CREAM e20ml'. The bottom view shows an open jar with a white lid and a gold band, revealing a thick white cream inside. The label on the lid also reads 'LASONA Skin Care NIGHT CREAM e20ml'.</p>	Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
LB Collagen +DNA Salmon Night Whitening Glow		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
LC Beauty Luxury Day Cream		Mercury	Indonesia Food and Drug Authority
LC Beauty Luxury Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
LC Beauty Ultra Toner Whitening		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
Lien Hua Day Cream (Bunga Teratai)		Mercury	Indonesia Food and Drug Authority
Lien Hua Krim Pagi Siang Cream Merah / Pot Plastik		Mercury	Indonesia Food and Drug Authority
Lien Hua Night Cream (Bunga Teratai)		Mercury	Indonesia Food and Drug Authority




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
LT Glow Fleck Solution Whitening		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
LT Glow Night Cream	 	Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Malebbi Cosmetics Face Toner		Retinoic acid	Indonesia Food and Drug Authority
Malebbi Cosmetics Kromosom Diamond Brightening Body lotion		Mercury	Indonesia Food and Drug Authority
Marigold Whitening Glow Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Max Slim 7 Days		Sibutramine	Swissmedic
Natural 99 Vitamin E Jingga / Pot Plastik		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Natural 99 Vitamin E Putih / Pot Plastik		Mercury	Indonesia Food and Drug Authority
Neo Ljk Clear Pore Cream		Retinoic acid	Indonesia Food and Drug Authority
New Placenta Pemutih Day Cream		Mercury	Indonesia Food and Drug Authority
New Special 99 Black		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Night Cream SPC 0.05		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
NRL Cosmetic Premium Day Cream		Hydroquinone	Indonesia Food and Drug Authority
NRL Cosmetic Premium Night Cream		Hydroquinone	Indonesia Food and Drug Authority
NRL Kosmetik Acne Series, Day Skincare Cream		Mercury	Indonesia Food and Drug Authority
NRL Kosmetik Acne Series, Night Skincare Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
NRL Kosmetik Flek Series, Day Skincare Cream		Mercury	Indonesia Food and Drug Authority
NRL Kosmetik Flek Series, Night Skincare Cream		Mercury	Indonesia Food and Drug Authority
NRL Kosmetik Glowing Series, Day Skincare Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
NRL Kosmetik Glowing Series, Night Skincare Cream		Mercury	Indonesia Food and Drug Authority
NRL Toner		Hydroquinone	Indonesia Food and Drug Authority
Pelicin Premium Crystal With Extra Liposome		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pemutih Dokter		Mercury	Indonesia Food and Drug Authority
Pemutih Sejuta Bintang		Mercury	Indonesia Food and Drug Authority
Qianyan		Mercury	Indonesia Food and Drug Authority
Qweena Skincare Night Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
RATU GLOW Acne Night Cream Plus		Retinoic acid	Indonesia Food and Drug Authority
RATU GLOW Glowing Night Cream Acne		Retinoic acid	Indonesia Food and Drug Authority
RATU GLOW Night Cream Whitening		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
RATU GLOW Whitening Night Cream		Retinoic acid	Indonesia Food and Drug Authority
Rclinic Gell Booster Pelicin		Hydroquinone	Indonesia Food and Drug Authority
Rose Cream White & Natural Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Salep Flek Night New Formula		Retinoic acid	Indonesia Food and Drug Authority
SBC Night Cream Glowing Shining		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
SHERBY'S 2-Side Colors Blush On 03		Lead	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
			
<p>SHERBY'S 9 Colors Eyeshadow and Blush On Set 03 (Blush On)</p>		<p>Lead</p>	<p>Indonesian Food and Drug Authority</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SHERBY'S Make Up Kit Brilliant		Lead	Indonesia Food and Drug Authority


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SHERBY'S Make Up Kit Dramaqueen		Lead	Indonesia Food and Drug Authority
Spesial Pearl Cream Super		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
SYR Face Toner (Paket Super)		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
Tabita Daily Cream		Mercury	Indonesia Food and Drug Authority
Tabita Glow Daily Cream		Mercury	Indonesia Food and Drug Authority


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Tabita Glow Night Cream		Mercury	Indonesia Food and Drug Authority
Tabita Nightly Cream		Mercury	Indonesia Food and Drug Authority
Tabita Skin Care Smooth Lotion		Hydroquinone	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Toner Pelicin Ekstrak Lemon		Hydroquinone	Indonesia Food and Drug Authority
Tunjung Biru Glowing Night Cream Flek		Retinoic acid	Indonesia Food and Drug Authority
Uniparco Light up Dark Spots Correcting Serum		Clobetasol and Hydroquinone	Medicines and Healthcare products Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Viona Skincare Lightening Day Crema		Mercury	Indonesia Food and Drug Authority
Viona Skincare Lightening Night Cream		Mercury	Indonesia Food and Drug Authority
Walet Racikan Putih		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Whitening Night Cream (dalam paket NezzMG Cosmetics)		Hydroquinone	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Zam Zam Toner		Hydroquinone and Retinoic acid	Indonesia Food and Drug Authority
Zam Zam Whitening Cream Day Cream		Mercury	Indonesia Food and Drug Authority

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Zam Zam Whitening Cream Night Cream</p>	 <p>The image shows the packaging for Zam-Zam Whitening Cream. The top part is a box with a blue and white design, featuring the brand name 'Zam-Zam' in a stylized font, 'Whitening Cream' below it, and 'MNA_1' at the bottom. It also includes a QR code and a small illustration of a woman's face. Below the box is a white jar with a silver-colored lid that has a crown logo and the letters 'JK' inside a circle.</p>	<p>Mercury</p>	<p>Indonesia Food and Drug Authority</p>

Annex B

The possible side effects of the potent ingredients

Corticosteroids (Clobetasol and Mometasone)

Clobetasol and Mometasone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long-term unsupervised use of steroids (including topical use where the steroid can be absorbed into the body) can cause increased blood glucose levels (which may lead to diabetes), high blood pressure, cataracts, muscular and bone disorders, an increased risk of infections and Cushing's syndrome (a round face or 'moon face' appearance and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion, and low blood pressure, especially when the product has been taken for more than a few weeks.

Hydroquinone

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

Miconazole

Miconazole is a medicine used to treat fungal infections. Side effects from inappropriate use of creams containing miconazole include burning, stinging, swelling, irritation, redness and flaking of the skin.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes avanafil, carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Retinoic acid

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.

Toxic Heavy Metals (Lead and Mercury)

Consumption of excessive amounts of toxic heavy metals such as lead and mercury pose serious health risks and may increase the chance of poisoning. Possible symptoms of arsenic poisoning include vomiting, abdominal pain, diarrhoea, heart-related problems, breathing difficulties and numbness of the limbs. Exposure to high levels of lead may cause anaemia, weakness, and kidney and brain damage. High levels of mercury may cause kidney injury (e.g. protein in urine and oedema) and affect the nervous system (e.g. numbness, tingling, dizziness, forgetfulness, headaches and depression).