

HSA updates on products found overseas that contain potent ingredients (June & July 2025)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in June and July 2025 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

2 Members of the public are advised to:

- Consult a doctor if you have consumed any of the products and are feeling unwell.
- Avoid buying any of the products when abroad.
- Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
- Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
- Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.




4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
3800 Hard Rock		Tadalafil	Health Canada
7K		Sildenafil and Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bang Maximum Power		Sildenafil	Health Canada
Black Mamba Premium 80000		Sildenafil	Health Canada
Black Mamba Premium Triple Maximum		Sildenafil and Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red 2000		Sildenafil	Health Canada
HE SHENG MEI LANG DU WANG		Clobetasol, Ketoconazole and Miconazole	Hong Kong Department of Health
King poison to itch Antibacterial cream		Clobetasol, Ketoconazole and Miconazole	Hong Kong Department of Health
Libi X Platinum Plus 5000		Sildenafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lucky Lady		Tadalafil	Health Canada
Nhan Sam Tuyet Lien Truy Phong Hoan capsules		Coumarin, Eugenol and Meloxicam	Australian Therapeutic Goods Administration
Premium S.W.A.G. Honey Sex With a Grudge		Sildenafil and Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 12 Titanium 6000		Sildenafil and Tadalafil	Health Canada
Rhino 69 Extreme 35000		Sildenafil and Tadalafil	Health Canada
Rhino 7 725K		Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 5000		Sildenafil	Health Canada
Rhino 8 Supreme 500K plus		Sildenafil and Tadalafil	Health Canada
Rush Hour 72		Sildenafil and Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rox		Sildenafil and Tadalafil	Health Canada
UNAVY ACIDO HIALURONICO Caplets		Dexamethasone, Diclofenac and Omeprazole	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
VIP Go Rhino Gold 69K		Sildenafil	Health Canada
Yi Li Xiao Capsule		Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
			
Zangyao xuanduwang		Clobetasol, Ketoconazole and Miconazole	Hong Kong Department of Health
ZHONG HUA ZHEN JUN WANG Antibacterial cream		Clobetasol and Miconazole	Hong Kong Department of Health

Annex B

The possible side effects of the potent ingredients

Clobetasol

Clobetasol propionate is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Common side effects include skin irritation, pimples, redness and dry skin. Long term use without medical supervision can cause an increased risk of infections, allergic reactions and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Coumarin

Coumarin is a precursor to warfarin which is an anticoagulant used to treat and prevent blood clots. Liver toxicity has been observed in animal studies with consumption of coumarin.

Dexamethasone

Dexamethasone is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Eugenol

Eugenol is an aromatic oil that is extracted from cloves. It may cause side effects such as nausea and dizziness. At high doses, eugenol may cause severe acute liver injury and kidney injury.

Ketoconazole

Ketoconazole is a medicine used to treat fungal infections. The possible adverse effects associated with the inappropriate use of creams containing ketoconazole may include skin irritation, itching of the skin, skin rash and impetigo (skin infection).

Meloxicam

Meloxicam is a non-steroidal anti-inflammatory drug (NSAIDs) used to relieve pain and reduce inflammation. Prolonged use of meloxicam may potentially cause serious gastric bleeding, nausea, high blood pressure and cardiovascular events such as heart attacks and strokes.

Meloxicam should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Miconazole

Miconazole is a medicine used to treat fungal infections. Side effects from inappropriate use of creams containing miconazole include burning, stinging, swelling, irritation, redness and flaking of the skin.

Omeprazole

Omeprazole is a medicine used in the treatment of gastrointestinal diseases such as peptic ulcer disease, Zollinger-Ellison syndrome, and gastroesophageal reflux disease. Common side effects include nausea, vomiting, headaches, abdominal pain, and bloating. Long term use without medical supervision may increase your chances of serious side effects such as an increased risk of bone fractures, gut infections, and vitamin B12 deficiency.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes avanafil, carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.